

December 30, 2022
From President T Jablanski
Good Afternoon,

Advocacy and You

Let's start the New Year with gaining some advocacy skills. There is a very exciting & free webinar series from GFWC and I would like to encourage you to register for ["The Power of You"](#). I have attached the flyer for your convenience. The first webinar is January 19, Thursday night. It very easy to register and when you do, please be sure to let Martha Casassa (labmom416@gmail.com) our legislation chairman know. If you have any questions or need any help registering, she will be happy to assist you.

Club Reports and You

You recognize your members, and we want to recognize your club. We get to do this when you tell us about your activities. We too want to brag about you and your members to our federation sisters across the country. We can only do this when you share and report this information through your club report writings. Your clubs' reports are due January 31st. Have questions or need help. Your officers are here to support you. Terry, trouvalis@msn.com & Jen, jnowak@charter.net

Recognition and You

"Everyone wants to be appreciated, so if you appreciate someone, don't keep it a secret" - Mary Kay Ash

Recognition and appreciation for your volunteer efforts can uplift your mental and emotional well-being. When your brain identifies moments of joy or achievement, it releases dopamine AKA the happiness hormones. Who is that one woman in your club, you know that one that is always there to help, to fill in, pick up, drop off, bake, sew, copy, etc. who is she? An officer? Your president?



Why not show your appreciation by recognizing her for all of her contributions to your club and our federation.

All you need can be found on our website - under **files and forms.**

- **Clubwoman of the Year** - recognized at our state convention
- **Julia Ward Howe Club President** Award - awarded at our state convention
- **Jennie June Award** - awarded at our GFWC international convention

"People work for money but go the extra mile for recognition, praise and rewards."
- Dale Carnegie

You

Thanks for being **YOU!** **YOU**, kind, compassionate, creative. **YOU**, who has said yes, maybe even when **YOU** wanted to say no, **YOU** who keeps everything together for your club, **YOU** who has been organizing, and planning and doing for your club and its members for this past year and the many years before. Thanks for being **YOU**. We are fortunate to have **YOU** and I am grateful and humbled to volunteer with and for **YOU!**

Let's "*celebrate endings - for they precede new beginnings.*" - *Jonathan Huie*

We are a changing breed of women and I pray that we never lose our passion for service to others.

Happy New Years!

Love & Peace,

T

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KNOW YOUR WORTH