



General Federation of Women's Clubs of Massachusetts
T Jablanski, President
President's Focus Area

**2024 Club Grants for
Mental Health Awareness and Support**
Applications due January 12, 2024

Chairmen: Nancy Coughlin & Mary Kemp

Thanks to the generosity of our clubwomen and friends, GFWC MA is pleased to offer this opportunity for **Massachusetts** clubs to apply directly for funds to benefit and support **Mental Health** projects and programs in their own town or community. Funds will be awarded based on donations & the proceeds from sales of the **Pearls & Petals Auction** Raffle at our October Fall Meeting. **Grants may be up to but will not exceed \$600.**

Guidelines:

- Clubs that apply must hold active membership (per capita dues-paying) in GFWC Massachusetts.
- Clubs must complete the **Mental Health Grant Application** Form and submit to GFWC Massachusetts Headquarters by **January 12, 2024.**
- **Grants will be awarded at the Midwinter Meeting on January 20, 2024 in Wrentham.**
- Clubs must use the award to fund a program that directly addresses Mental Health issues and may be used for monetary or material donations, awareness materials, or any project/program described in the application that would be implemented with the funds given.

Applications are available:

- By request: GFWC MA Headquarters Secretary, HQsecretary@gfwcma.org | 978-443-4569.
- Online at www.gfwcma.org

Possible Uses for grant funds:

- Partner with the National Alliance on Mental Illness (**NAMI**) to bring awareness and education to your schools & community. They have a wealth of free information.
- Support the wish lists of your local shelter counselors and advocates.
- Raise awareness in your schools, have teams wear **green** armbands, designate a mental health awareness day and provide support materials.
- Promote **Mental Health Awareness Month of March** in your club & community.
- Bring in a mental health speaker and plan **one** of your clubs' meetings with the theme of mental health.
- Create and provide mental health information for the homeless, veterans and or entertainment for residents of senior or assisted living communities.
- Support new moms, inmates, school counselors, and bereavement groups.



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2023 Club Grant Application

Mental Health

Chairmen: Nancy Coughlin & Mary Kemp

Contact: Nancy nacoughlin@outlook.com or Mary kemphome1@gmail.com

Mail or email completed grant application form by **January 12, 2022 to:**

Mail: GFWC Massachusetts Headquarters

Attn: Mental Health Grant Applications, P.O. Box 679, Sudbury, MA 01776-0679

E-mail: HQSecretary@gfwcma.org

Club Name _____

Contact Name _____ Phone _____

Provide a brief but detailed response for each of the following.

1) Write a basic description of your plan.

2) Identify the amount of money requested (not to exceed \$600) and how the money will be spent. Be as specific as possible.



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3) Provide any additional information that would help us choose your club's proposal for taking action in support mental health awareness.

Thank you for raising awareness of the importance of
Mental Health in your club and community.

