



GFWC MASSACHUSETTS FEDERATION TOPICS

A Newsletter for Clubwomen



GFWC MA is a proud member of the General Federation of Women's Clubs

2023 Fall Issue

HEADQUARTERS UPDATE



Darlene Coutu, Editor

topics@gfwcma.org

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Have you been out to our GFWC Massachusetts Headquarters since August? Well, we have a surprise for you! The driveway project is completed ~ and it's AWESOME! We are thrilled the contractor was able to fit in our project before the snow arrives, even with the almost 12" of rain that fell in Sudbury since June 1st.

Thanks to your efforts last year with taking surveys during the partnership between GFWC Massachusetts and HundredX, money was raised enabling this project, along with individual donations from The Italian Women's Club, The Professional Women's Club of Boston, GFWC Randolph Junior Women's Club and the Needham Women's Club.

There is more work to be done to keep our Headquarters in tip-top shape and we need your help once again. Please *support* and *promote* the **HundredX** fundraiser that will take place between November 6 and December 4, 2023. Remember how easy it was last year? Just answer a few questions for up to seventy-five surveys. That's it! Please ask club members, family, neighbors, and friends to help us out. See pages 24 & 25 for information and instructions.

And make sure to enjoy the smooth cruise from Dutton Road to the GFWC Massachusetts parking lot!

FROM THE DESK OF THE PRESIDENT, T JABLANSKI



Hello GFWC Massachusetts Clubwomen,

Look who was checking out our new driveway. I am so **thankful** for your support.

The upkeep and care of our majestic headquarters grounds are so important and thanks to you and your generous participation in our HundredX fundraiser, along with other club donations you now have a beautifully repaired and replaced driveway. **Thank YOU!**

Did you register for our **GFWC National Day of Service?** I know that many **GFWC Massa-**

chusetts clubs have been long standing supporters of food pantries and other food insecurity programs. So, please join your **GFWC federation sisters** across our country by registering and sharing your clubs' work and support in your community. Let's help end hunger in our commonwealth.

Many thanks to **Terry Rouvalis, Second Vice President** and all of the presenters and attendees for a well organized, attended and informative Leaders Day Zoom.

Information on your clubs' IRS, the Commonwealth of Massachusetts 501c3 charity process is still in the works. Most clubs have received their IRS determination letter. **Congratulations!** For those clubs that are still working with the IRS, a pound of patience and ounce of kindness will go a long way. Our accountants are in the process of setting up each club (*who has received their IRS determination letter*) with an account at the Attorney Generals office and is communicating via email, so be on the lookout for an email from **MA Charities No-reply.**

Club manuals were distributed at our August BOD meeting. If you did not receive your club's, manual you **can pick it up** at our **Fall Meeting** in **Sturbridge** at the **Publick House.**

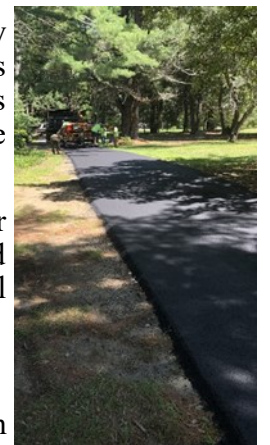
Speaking of the **Publick House**, this will be a fantastic place to showcase your **Auction Worthy of You** donations. **WOW!** Wait 'til you see some of the absolutely beautiful pieces that will be available. I am so impressed by the talents of our members and humbled by their generosity. All monies raised through the auction will go towards Mental Health Club Grants. Club grant applications are available on our website www.gfwcma.org

Mental health moment. I want to encourage you to schedule some time in one of your next club meetings to promote mental health, wellness and education. I recommend sharing the following short You Tube video on mental health from the Childrens Hospital of Colorado. <https://youtu.be/49mfPFTZsHs>

Let's break the stigma, your members are worth it!

I will close my Fall note with a Congratulations to **Jen Nowak, First Vice President** on her nomination as our Jennie June. Thanks for all you do Jen, we appreciate YOU!

Thanks for **Knowing Your Worth.** See you all very soon.



FROM THE DESK OF DIRECTOR OF JUNIOR MEMBERSHIP, MARISA JABLANSKI



Hello clubs!

This Director is fresh off a whirlwind long weekend in Denver, Colorado, where we were for the latest Board of Directors meeting with GFWC. What a weekend of information, networking, and fun! While there, I purchased a shirt that GFWC Florida had. Across the front of the shirt said “*Remember Your Why*”. I love that sentiment. I feel sometimes we get so wrapped up in the planning and business side of our club work that we don’t always remember why we’re doing this to begin with. Seeing women this weekend with this shirt on made me pause and think about my why.



I originally joined the GFWC Auburn Junior Woman’s Club in an attempt to find something in common with my, at the time, brand new mother-in-law. She would always be talking about her club and what they did, and I thought it would be a good way to find some common ground and spend some time together. So I went to a club meeting. It was in May, right when Auburn is in the thick of it, planning for our Annual Duck Race. I jumped right in, volunteering for whatever sounded fun to me and getting to know the other women. Pretty quickly my original intention of why I joined was met, and I was heavily involved. I enjoyed getting to help plan things, having a voice, and being recognized for what I brought to the club as an individual. My club work made me feel like I contributed something to the community. I was a stay at home mom at the time, and it gave me the opportunity to do something new. Growing up, I had been very involved in my church, and by 16, was the secretary of the Outreach Board. I enjoyed getting to help at the local soup kitchen, organizing the food pantry, working a bake sale table at a yard sale event, etc. But by my early 20s, I wasn’t doing that anymore and wasn’t really doing any sort of volunteering anymore. Being a member of the Auburn Juniors helped bring me back to that mindset of helping others at the local level. My home club was (and still is) fairly small, but in that, everyone has a voice and feels like they are making a difference. I learned pretty quickly that I enjoyed the planning and behind the scenes work. I felt like I had the most impact when I was helping to create new ways to organize the planning of our projects and events. And my club encouraged that. I liked the chaos of ideas coming in and helping to streamline and make an event successful. I learned how to use my strengths to best serve my club, my community, and the drive within myself to help others.

That’s my why. My why for continuing to be involved with GFWC 15 years later is that GFWC gives me the power to see the strengths within myself and allows for me to be the best version of myself in helping others in my community and beyond. Even writing this gives me renewed passion for why we do what we do.

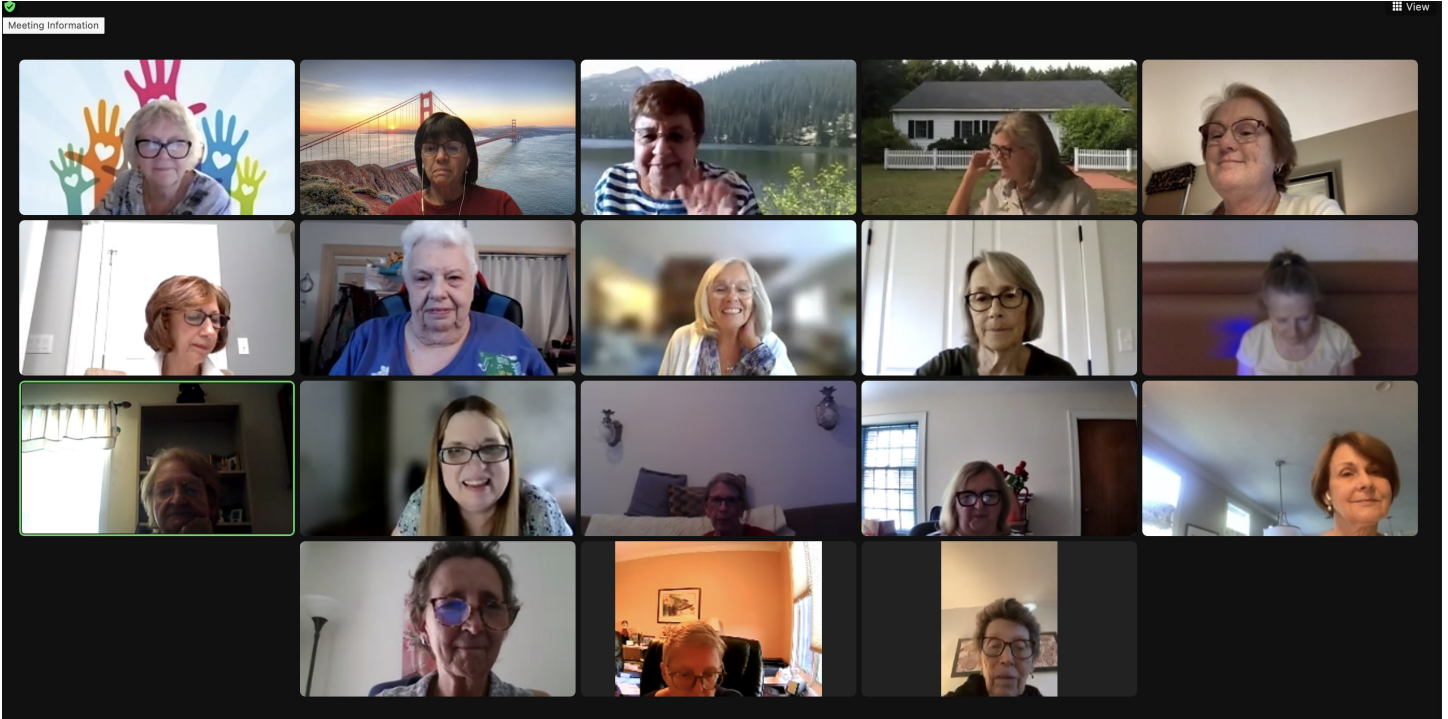
So I encourage each of you...*Remember Your Why*...why did you join your club? Why have you stayed involved? Share your why at your next club meeting and I have no doubt you will all feel some renewed passion for why you do what you do.

As always, I want to visit your clubs! Please consider inviting me to a club meeting, event, or fundraiser that you have coming up. I’d love to come and hear your why!



GFWC MA Leaders Day

August 23, 2023



Board of Directors Meeting

August 19, 2023

FROM THE DESK OF THE FIRST VICE PRESIDENT

Jen Nowak



GFWC Massachusetts Appointments for 2024-2026

Do you want to use your talents to make a difference, meet new members from across the state, gain confidence, or a few new skills, then consider an appointment to the GFWC Massachusetts Board of Directors. As the incoming state President, it is my job to fill the chairman and committee positions for the GFWC Massachusetts Board of Directors. The meetings have been streamlined to 4 board meetings a year and a total of 5 state meetings for the administration, in hopes that reducing time commitment can work with your schedule. Simply fill out the 2024-2026 Appointment Interest Sheet on page 6 or contact me by phone or email at jwnowak@charter.net if you would like to discuss any options. Whatever time and talent you are willing to share with GFWC Massachusetts for the 2024-2026 administration will be greatly appreciated.

Please return your form by December 1, 2023:

Mail: Jen Nowak, 51 Glenn Drive, Wilbraham, MA 01095 | *Email:* jwnowak@charter.net | *Phone:* 413.535.9083

Submitted by Jen Nowak, GFWC Massachusetts 1st Vice President





General Federation of Women's Clubs of Massachusetts

APPOINTMENTS 2024-2026 - INTEREST SURVEY



Jen Nowak, Chairman of Appointments

Consider sharing your time and talents to become a 2024-2026 GFWC Massachusetts Board of Directors Member. With confident and enthusiastic leaders GFWC Massachusetts shall put forth a collective effort to strengthen our communities, while enhancing the lives of others by our volunteer service. Please fill out the form below and devote your leadership skills to GFWC Massachusetts next administration.

Name _____

Address _____

Phone _____ Email _____

Club _____

Areas of Interest: *Please* check any that apply or if you have a preference mark in order (1st, 2nd, etc.) *Thank you.*

GFWC Massachusetts Committees	Chairman	Committee	GFWC Program & Advancement Areas	Chairman
Bylaws			Advocates for Children	
Credentials & Registration			Domestic & Sexual Violence Awareness & Prevention	
Contests—Writing, Photography, CIP			Arts and Culture	
Finance			Civic Engagement and Outreach	
Fundraising			Education and Libraries / ESO	
Headquarters & Memorial Forest			Environment	
Meetings			Health and Wellness	
Memorial Education Scholarship				
Nominations & Elections			Communications and Public Relations	
President's Project			Leadership	
Protocol			Legislation/Public Policy	
Resolutions			Membership	
Scholarship			WHRC (Women's History & Resource Center)	
Topics (<i>online newsletter</i>)				
Webmaster				
<i>There will be four (4) Board of Director meetings per year. It is optional for Committee Members to attend.</i>				

Describe more about your interests, club positions held, area of expertise.

Kindly return form by December 1, 2023

Mail: Jen Nowak, 51 Glenn Drive, Wilbraham, MA 01095 | Email: jwnowak@charter.net | Phone: 413.535.9083

NOMINATING COMMITTEE

Martha Casassa, Chairman



Nominating Committee wants YOU...

Are you interested in helping to lead GFWC Massachusetts as an Officer? If considering it, the Nominating Committee wants to hear from you by October 1. We are recruiting for First Vice President, Second Vice President, Recording Secretary, Corresponding Secretary, and Treasurer. Even if you are already an Officer, you need to apply.

The application is 2-part: a copy of your club's minutes showing they have endorsed you for the position you are applying for AND a completed State Officer Qualifications Resume form found on the GFWC Massachusetts website. Both need to go to Martha Casassa (paper or electronic format) by October 1. [address is: 10 Norroway Avenue, Randolph, MA 02368; email is labmom416@gmail.com].

GFWC Massachusetts Bylaws have both the duties of the Officers as well as the Nominations process. Please refer to them for more details at gfwcma.org for Women's Clubs under "Fliers and Forms" and for Junior Membership under "Information Please".

Your Nominating Committee is looking forward to reviewing YOUR paperwork!

In Federation Friendship,

Martha

Martha Casassa

DEADLINE FOR SUBMISSION: October 1, 2023 (emailed)

Submit the form on page 8 by email as follows:

GFWC Massachusetts State Officer – Martha Casassa: labmom416@gmail.com



GENERAL FEDERATION
of WOMEN'S CLUBS
www.GFWC.org



**GFWC MASSACHUSETTS
STATE OFFICER RESUME/QUALIFICATIONS FORM**

Name: _____

Address: _____

Phone: _____ Email: _____

Club: _____

Officer position of interest: _____

List GFWC club offices and/or chairmanships held*: _____

List GFWC club programs/projects in which you have been involved as a leader*: _____

List State chairmanships and/or committee positions held*: _____

* If more space is needed, please complete answers on the next page

Per GFWC Massachusetts Bylaws , submit this form, along with a copy of your local club meeting minutes highlighting their vote of endorsement for you and the position for which you are being endorsed.

**2024 Club Grants for
Mental Health Awareness and Support**
Applications due January 12, 2024

Chairmen: Nancy Coughlin & Mary Kemp

Thanks to the generosity of our clubwomen and friends, GFWC MA is pleased to offer this opportunity for **Massachusetts** clubs to apply directly for funds to benefit and support **Mental Health** projects and programs in their own town or community. Funds will be awarded based on donations & the proceeds from sales of the **Pearls & Petals Auction** Raffle at our October Fall Meeting. **Grants may be up to but will not exceed \$600.**

Guidelines:

- Clubs that apply must hold active membership (per capita dues-paying) in GFWC Massachusetts.
- Clubs must complete the **Mental Health Grant Application** Form and submit to GFWC Massachusetts Headquarters by **January 12, 2024**.
- **Grants will be awarded at the Midwinter Meeting on January 20, 2024 in Wrentham.**
- Clubs must use the award to fund a program that directly addresses Mental Health issues and may be used for monetary or material donations, awareness materials, or any project/program described in the application that would be implemented with the funds given.

Applications are available:

- By request: GFWC MA Headquarters Secretary, HQsecretary@gfwcma.org | 978-443-4569.
- Online at www.gfwcma.org

Possible Uses for grant funds:

- Partner with the National Alliance on Mental Illness (**NAMI**) to bring awareness and education to your schools & community. They have a wealth of free information.
- Support the wish lists of your local shelter counselors and advocates.
- Raise awareness in your schools, have teams wear **green** armbands, designate a mental health awareness day and provide support materials.
- Promote **Mental Health Awareness Month of March** in your club & community.
- Bring in a mental health speaker and plan **one** of your clubs' meetings with the theme of mental health.
- Create and provide mental health information for the homeless, veterans and or entertainment for residents of senior or assisted living communities.
- Support new moms, inmates, school counselors, and bereavement groups.

2023 Club Grant Application

Mental Health

Chairmen: Nancy Coughlin & Mary Kemp

Contact: Nancy nacoughlin@outlook.com or Mary kemphome1@gmail.com

Mail or email completed grant application form by **January 12, 2022** to:

Mail: GFWC Massachusetts Headquarters

Attn: Mental Health Grant Applications, P.O. Box 679, Sudbury, MA 01776-0679

E-mail: HQSecretary@gfwcma.org

Club Name _____

Contact Name _____ Phone _____

Provide a brief but detailed response for each of the following.

1) Write a basic description of your plan.

2) Identify the amount of money requested (not to exceed \$600) and how the money will be spent. Be as specific as possible.

3) Provide any additional information that would help us choose your club's proposal for taking action in support mental health awareness.

Thank you for raising awareness of the importance of Mental Health in your club and community.



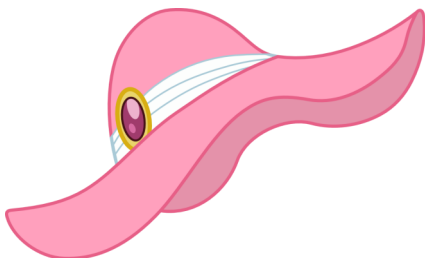
KNOW YOUR WORTH

Everything's Coming up Daisies Tea Party

August 6, 2023



Tea Party continued



Tea Party continued



COMMUNICATIONS AND PUBLIC RELATIONS

Donna Shibley, Chairman

As the GFWC MA **Communications and Public Relations** Chairman, I am inviting you to make sure you are staying connecting with GFWC and GFWC Massachusetts.

There are many ways in which you can do this:

Join GFWC in the Member Portal

So much information at your fingertips

<https://gfwc.users.membersuite.com/home>

Like and Save as a Favorite the GFWC MA Facebook page

You will find daily postings of interest to Massachusetts clubwoman

<https://www.facebook.com/GFWCMA>

Join the GFWC Advancements and Programs Facebook Forum

Loads of pertinent information. You will be asked to answer a few simple questions about your GFWC Affiliation (name of club, state) before you are accepted to join

<https://www.facebook.com/groups/892214227854217>

Visit the GFWC MA website

Everything you need and more about GFWC, GFWC MA and how to run a successful club

www.gfwcma.org

WEBSITE:

Please send any club happenings to dmsibley@gmail.com for addition to the state website. We are always looking to help YOU publicize your club event, programs, and projects. We can even feature your event on our GFWC MA Facebook page. Send a flier to me and I can do the rest.

HELP needed?

Do you need help in learning how to navigate the state website? Please feel free to reach out to me and I will set up time to help you. There is **so** much information there that you can access with just a click.

Social media is the way to communicate in 2023. Do you need help in getting your club's name out on Facebook? Do you need help setting up your club event on Facebook? Please reach out and I will be happy to assist you.

Upcoming State Meetings ~ looking for a room?

GFWC Massachusetts Fall Meeting ~ Sunday, October 29, 2023

A block of rooms is being held at the Publick Historic Inn & Country Motor Lodge for \$145.21 (which includes taxes). Call 508.347.3313 to reserve a room.

GFWC Massachusetts Midwinter Meeting ~ January 20, 2024

Meeting location ~ Wrentham Senior Center

A block of rooms is being held at a neighboring hotel:

Hampton Inn, Franklin for \$119 + taxes per night

Last Day to Book: Monday, January 1, 2024

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=FRKMAHX&groupCode=CHHSHI&arrivaldate=2024-01-19&departuredate=2024-01-20&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT>

Continued on page 16

COMMUNICATIONS AND PUBLIC RELATIONS

Continued from page 15

GFWC Massachusetts Annual Meeting ~ May 4, 2024

A block of rooms is being held at the Convention location:

Courtyard Boston Marlborough for \$155 + taxes per night

Last Day to Book: Friday, April 19, 2024

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1689173756161&key=GRP&app=resvlink>



FROM THE DESK OF SECOND VICE PRESIDENT and DEAN OF CHAIRMEN,

TERRY ROUVALIS

Summer is winding down and for most of us our club year is ramping up and planning the year's activities has begun.

Are you searching for ideas for projects, fundraising, recruiting new members and educational programs? Did you know there is a State Committee Chairman for committees under the Special Programs, Community Service Programs and Advancement Plans who is willing and able to guide you in your quest? The GFWCMA website has them listed along with their flyers, contest information and relevant forms along with project ideas. Having access to these women and their expertise is one of the benefits of belonging to the General Federation of Women's Clubs of Massachusetts.

While you are on gfwcma.org be sure to check out all the exceptional GFWCMA and GFWC resources available to help you have a successful year. Your Webmaster, Donna Shibley, does an outstanding job of posting all the latest information from GFWC and GFWCMA to help you be a successful leader in your club.

Please take advantage of these exceptional resources.

In Federation Friendship

Terry Rouvalis
Dean of Chairman
2nd Vice President
GFWCMA



What is your **SUPERPOWER?**

- Knitting
- Crocheting
- Cross Stitch
- Shopping
- Painting
- Sculpture
- Ceramics
- Cooking
- Wreath making



Whatever it may be, please put it to use to help support the “Pedals and Pearls Auction/Raffle Worthy of You!” to be held on October 29 at Fall Meeting. We are collecting your raffle/auction items at Headquarter through October 13. Can’t deliver them there? Please contact Mary (kemphome1@gmail.com) or Nancy (nacoughlin@outlook.com) to make arrangements.

REMEMBER: Hobbies are a good way to improve your mental health! All raffle/auction proceeds will be used to fund the Mental Health and Wellness Grants to be awarded in 2024.





**General Federation of Women's Club Massachusetts
T Jablanski, President**



**President's Focus Area
Mental Health and Wellness**

An Auction/Raffle Worthy of You!

What can you make with  *pearls and petals*  or a combination of both?



**Can you knit/crochet?
Embroider?
Make a flower arrangement?
Paint?**



**Create jewelry?
Create stationery?
Not crafty?
Store bought items are welcome, too!**



Members are encouraged to start now to create & donate your entry to the **Auction/Raffle Worthy of YOU.**

Items will be collected at HQ in Sudbury and donated by **October 13**. These special items will be raffled and auctioned at the **Fall Meeting** October **29, 2023** @ the Publick House.

The proceeds will be used to fund GFWC Massachusetts **Mental Health and Wellness Grants**. We hope every club will have at least one item donated. All entries will be recognized. Time to get creating/shopping. We need your creativity and support.

Contact: Nancy nacoughlin@outlook.net or Mary kemphome1@gmail.com – President's Special Project Chairmen



Please fill out the form below and return with your item to HQ.

Name of donor _____

Phone/email _____

Club _____

GFWC Board of Directors Meeting

September 7–10, 2023 ~ Westminster, Colorado





General Federation of Women's Clubs of Massachusetts



T Jablanski, President

SAVERS FUNDrive™

Is your closet overcrowded? Are your drawers bulging? Is fall cleaning calling you? Are ready to channel your M. Kondo spirit?

GFWC Massachusetts is holding an All Soft Goods FUNDrive. This will benefit our nonprofit because SAVERS pays the most per lb which is the fastest and easiest way to reach our goal!

WHEN: anytime before Friday, October 20, 2023

DROP OFF: GFWC MA Headquarters, Sudbury

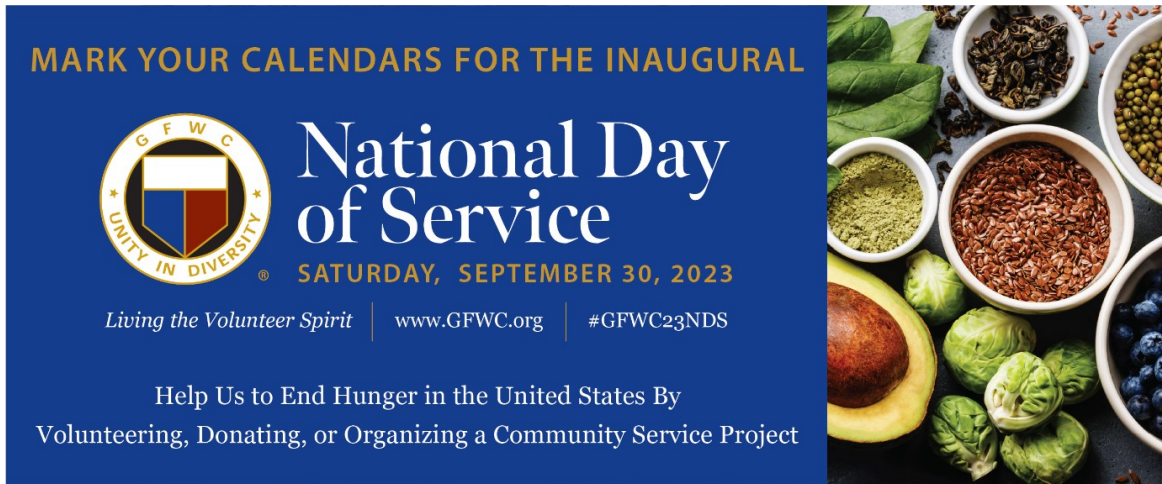
TIME: any Thursday. Please call our Headquarters @ 978-443-4569 prior to drop off




ACCEPTING: Clothing, Shoes, Bedding, Towels
Accessories: Hats, Mittens, Scarves, Ties, Socks, Purses, Wallets, Backpacks, Bags, Belts, and Jewelry



Support GFWC Massachusetts and feel great about donating items you no longer need or do not bring you joy!



MARK YOUR CALENDARS FOR THE INAUGURAL

 **National Day of Service**

SATURDAY, SEPTEMBER 30, 2023

Living the Volunteer Spirit | www.GFWC.org | [#GFWC23NDS](https://twitter.com/GFWC23NDS)

Help Us to End Hunger in the United States By
Volunteering, Donating, or Organizing a Community Service Project

What is GFWC National Day of Service?

The General Federation of Women's Clubs (GFWC) is united in its dedication to volunteer community service. The **National Day of Service (NDS)** is a day in which all of GFWC comes together in service to highlight an area of need, take action to address it, and raise public awareness about its importance. State federations and clubs will participate by organizing Community Service Programs (CSP) in their communities as part of NDS. It's also a great opportunity to invite guests to participate in your NDS activities and introduce them to the benefits of GFWC.

How can you help solve food insecurity in the United States?

To initiate the planning process, GFWC encourages you to contact your local food banks and food pantries – wherever people go for food – to find out how best to be of service. For example, a club can sponsor a food bank, pantry, or food program to organize a volunteer activity with fellow club members, family, and friends. Ask every member of your club to invite a friend who is not presently a member to participate and experience GFWC in action.

Who should you invite to participate?

Use the activity to motivate and inspire your friend(s) to join GFWC. The benefits of community service not only make a person feel good, but it helps to build meaningful friendships and bonds that will last a lifetime.

Ideas for NDS Activities:

- **Volunteer at a Local Food Bank**
- **Food Drives:** Connect directly with the local food bank to determine how your club can be of service. They will welcome the support and donation of time and food.
- **Raise Awareness About Hunger:** Reach out to your local media to introduce NDS and the cause being promoted. Ask the reporter to mention NDS and how people can participate and donate. Also, use social media to discuss food insecurity with members of your community, clubs, schools, church groups, and others.
- **Advocate to End Food Insecurity:** Use GFWC's Legislative Action Center (LAC) to interact with your federal and state elected officials to advance a bill or introduce legislation that helps to end hunger by funding programs specific to the issue.

General Federation of Women's Clubs & Junior Membership of Massachusetts



The CALL to FALL Meeting



SUNDAY, October 29, 2023
Publick House, Historic Inn
277 Main St Sturbridge
9:30 – 3:00 - Registration opens at 8:30

What's Happening!

- Registration, Raffles and Shopping
- Bylaws – Boredom breaker
- Reports & Recognitions
- GFWC MA Chairmen present
- Hats Off to You Parade*
- Memory Lane – slide show
- Hats off to our Veterans* cards
- Advocates for Children Week
- An *Auction Worthy of You!*

What To Bring

- Each Club** is asked to *decorate* a *wearable* hat, **Fall or Halloween themed**. They will be used as our centerpieces. There will be a *Hats Off to You* parade contest. So, be silly, serious, or scary. Have fun with your hat!
- Your Pearls & Petals **Auction Item**



Hands on

- Hats off to our Veterans* cards. We will be signing and stuffing the cards with calming stickers and stars from discarded flags.

Got pictures from your Halloween childhood?

Send them to: sarabsargent8820@gmail.com
Be sure to include your name and year of picture. We will be



sharing them in our Memory Lane slide show during the luncheon.

Saturday Night Festivities

Staying Saturday night before Fall Meeting? If so, please reach out to Director of Junior Clubs, Marisa Jablanski, Director@gfwcma.org if you would like to join us for dinner.

Overnight Accommodations

Publick House Historic Inn & Country Lodge
277 Main Street, Sturbridge 508-347-3313
Room rates: \$145.21 per night includes taxes
Event date: October 29, 2023

"Fun For FALL" Basket Raffle

Clubs are encouraged to provide a basket. Donation themes:

- Fall-ing for Autumn
- Hats Off to You!
- Party People
- That's Using Your Head
- Fall Fever



THANKS FOR YOUR SUPPORT!



President T Jablanski and Director of Junior Clubs, Marisa Jablanski have planned and prepared a great **SUNDAY** meeting and are looking forward to welcoming you to Fall Meeting in beautiful Sturbridge Massachusetts.






General Federation of Women's Clubs and Junior Membership of Massachusetts
 T Jablanski, President
 Marisa Jablanski, Director of Junior Clubs
 2023 Fall Meeting



 **Registration Form**

Club Name: _____

- Little Italy Buffet*
- Minestrone Soup*
- Caesar Salad with*
Parmesan Cheese, Garlic
Herb Croutons & Caesar
Dressing
- Antipasto Tortellini*
Salad with Herb
Vinaigrette
- Chicken Piccata*
- Pasta with Bolognese sauce*
- Italian Green Beans*
- Garlic Bread*
- Biscotti & Cannoli's*

	1 st Time Attendee	Guest	Little Italy Buffet	Total \$\$
 Member Name			\$40	

Send to:
 Katie Robey 97 Hudson Street,
 Marlborough, MA 01752
Venmo – General Federation of
 Women's Clubs Massachusetts
Checks made out to:
 GFWC Massachusetts
Due by: October 14
 No refunds after this date

# _____	Registration \$15	\$ _____
# _____	Meal \$40	\$ _____
Total		\$ _____

 **Contact person name & phone number** _____

Thank you!
Safe Travels! See you soon in Sturbridge!



GFWC Massachusetts & Junior Membership

Save the Date



Saturday

January 20, 2024

(Snow Date – January 27, 2024)

Wrentham Senior Center

Wear your favorite winter hat & scarf.

Shelter Collection Hats & mittens

Join us for the

GFWC Massachusetts Midwinter Meeting

Mental Health Club grants will be awarded.



Nominations
Guest Speakers
Hot **Chocolate** Bar



Warm-Up Soup Contest
Bring along your favorite soup and enter the contest. Must pre-register more details to follow.

Overnight accommodations
Hampton Inn - Franklin MA \$119 plus tax.
We have a block of 10 double /queen rooms.
Deadline to book: January 1, 2024
Breakfast is included.

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=FRKMAHX&groupCode=CHHSI&arrivaldate=2024-01-19&departuredate=2024-01-20&cid=OM.WW.HILTONLINK.EN.DirectLink&fromId=HILTONLINKDIRECT>

Ousamequin Club



At left are Irma Sankunas, and Gina Guasconi having some fun after participating in the Plymouth Walk Against Elder Abuse along with Jean Guarino.

Photo at right: Board member, Adelen Ellenberg decked out her car for the July 4th parade.

Below: Senator Timilty presenting MA House of Representatives recognition.



Below Barbara Perkins receives her 40 year history of service to Ousamequin pin. She served as Treasurer 2000-2001; President 2002-2004; Vice President 2005-2006; President, 2006-2008; Treasurer 2011-2012. Board Member, Debbie Heckbert and club members look on.



Hanne Middleton received her 30 year pin.1998-2000 Vice President; and Federation Secretary; President; 1999-2002; President 2004-2006; President 2006-2008; Treasurer, President 2010-2012 and Treasurer 2014-2016. Also pictured is Joyce Middleton, her daughter-in-law and past president of Ousamequin 2014-2016; as well as club member Joan Schlatz.

Submitted by Jean Guarino, OC President . Photography by Marc Vasconellas, Brockton Enterprise

Holly Club of Wrentham



On Saturday, September 9th, members of The Holly Club of Wrentham, Inc. participated in Wrentham Day. This is an annual fundraising event and was especially exciting this year because it is our town's 350th Anniversary.

Submitted by Penelope Olson, HCW President

GFWC Massachusetts

Partners with

hundredx[®]

We are excited to have the opportunity to participate in the HundredX Fundraiser again this year. Please attend GFWC Massachusetts Fall Conference for all the details you need to know about the 2023 campaign. The following page has lots of information as does our website at gfwcma.org.

GFWC MASSACHUSETTS

IS PARTNERING WITH



& hundredX

Statewide Fundraiser
"Give without Spending"

WHEN
November 6th
~ December 4th



WHERE
Anywhere you want

YOUR CONTACT INFORMATION IS
SAFE AND NEVER PASSED ON

Devices that can be used: · Mobile Phone · iPad · Kindle · Laptop · Surface · Desktop Computer

WHO CAN HELP? ANYONE
CO-WORKERS ~ ADULT CHILDREN
FRIENDS ~ NEIGHBORS
SPOUSES ~ EXTENDED FAMILY

SURVEY REQUIREMENT
18 +
LIVE IN THE USA
EMAIL ADDRESS

TIME REQUIREMENT
Maximum 3 hours
Over 30 days

DATE REQUIREMENT
5-10 Minutes a day
from 11/6 ~ 12/4
maybe less!

SURVEY REQUIREMENT
Each person can fill out UP TO 75 surveys

You pick the surveys you're interested in

1-2 minutes per survey

WHO BENEFITS
The maintenance of GFWC Headquarters
245 Dutton Rd



THINGS TO DO



Woman's Club of Newton Highlands Quilt Raffle

Tickets are \$5.00 for one or \$10.00 for three tickets. Drawing is December 20, 2023.

Email Bernadette for tickets: bbennett@bu.edu. Quilt will be delivered to the winner who lives in MA

Woman's Club of Newton Highlands Annual Craft Fair

Saturday, November 11, from 10 A.M. to 4 P.M. located at the Hyde Center, 90 Lincoln St, Newton Highlands, MA

Woman's Club of Newton Highlands Breakfast with Santa

Saturday, December 2, from 9 A.M. to noon at our Clubhouse, 72 Columbus St., Newton Highlands, MA. This yearly event started in 1984.

Ousamequin Club Blood Drive

September 30, 9am—2pm, 5 Wally Krueger Way, Bridgewater, MA

Ousamequin Club *The Power of Letting Go*

Monday, October 2, 1:45pm, Cole Yeaton Senior Center, 10 Wally Kreuger Way, Bridgewater, MA

GFWC Northboro Junior Woman's Club Annual Harvest Craft Fair

Saturday, November 4, 9am—3pm, Robert E Melican Middle School, 145 Lincoln St, Northboro, MA

Westwood Young Women's Club HarvestFest

Saturday, October 21, 10am—1pm, westwoodywc@gmail.com for additional information

GFWC Marlborough Junior Woman's Club Trunk or Treat

Sunday, October 22, noon to 3pm, The Campus at Marlborough, Marlborough, MA

GFWC Wilbraham Junior Women's Club Designer Bag Bingo

Thursday, October 5, 6pm, Tickets \$35 or Tables of 10 for \$300, Gremio Lusitano Club, 385 Windsor St, Ludlow, MA

Needham Woman's Club Think Pink & Party Like It's Your Birthday

Wednesday, October 4, 6:30pm—9:30pm, \$30, [Needham Golf Club](#), 49 Green St, Needham, MA

American Red Cross

Give blood. Help save lives*.



Bridgewater Community Blood Drive* and Food Drive**

Sponsored by *Ousamequin Club of Bridgewater*

Conant Community Health Center - Community Room
5 Wally Krueger Way
Bridgewater, MA 02324

Saturday, September 30, 2023 9:00 a.m. to 2:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: *Ousamequin* to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

****In conjunction with GFWC National Day Of Service to Help End Hunger, along with making an appointment and coming to donate blood, we ask you to bring a non-perishable food item to be delivered to Bridgewater Food Pantry. Anyone from age 17 years may sign up to donate blood. If you can't give blood, please stop by and donate an item for the food pantry.**



Scan to be directed to

Scan to schedule RapidPass® an appointment.



1-800-RED CROSS 1-800-733-2767 |
redcrossblood.org | Download the Blood Donor App



Ousamequin Club

Presents

The Power of Letting Go
Move beyond surviving and into thriving

with

Penelope Olson, M.Ed., C.S.M.C.
Changeologist and Stress Release Consultant

When: Monday, October 2, 2023 at 1:45 p.m.

Where: Cole Yeaton Senior Center
10 Wally Kreuger Way, Bridgewater

Living the Volunteer Spirit

Join Us. This program is open to the public. A business meeting will start at 1 p.m.

Ousamequin Club, a 501c3 charitable organization, was Founded in 1898. Member of the General Federation of Women's Clubs and General Federation of Women's Clubs of Massachusetts.

DATES TO REMEMBER

Sept 22–24	New England Region Conference – Rocky Hill, Connecticut
Sept 30	GFWC National Day of Service
Oct 1–19	Savers FunDrive drop offs at Headquarters (please call ahead)
Oct 11	Junior Executive Board Meeting
Oct 20	Savers FunDrive delivery day
Oct 29	Fall Meeting – Publick House, Sturbridge
Nov 8	Junior Executive Board Holiday Party
Nov 18	Board of Directors Mtg and Holiday Party
Dec 31	Club Dues are due
Dec 31	End of Year Contributions

2024

Jan 10	Junior Executive Board Meeting
Jan 20	Midwinter Meeting, Wrentham Senior Center
May 4	Annual Convention, Marriott Boston Marlborough



GENERAL FEDERATION OF WOMEN'S CLUBS OF MASSACHUSETTS
 P O Box 679
 245 DUTTON RD
 SUDBURY, MA 01776
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