



GFWC MASSACHUSETTS Federation TOPICS

A newsletter for Clubwomen





GFWC Massachusetts Combined Annual Convention

Massachusetts Clubwomen attended the virtual 2021 Combined Annual Convention on May 1, with special guest speaker GFWC President-elect, Deb Strahanoski (pictured above). With much enthusiasm, Deb addressed the sixty-five members and guests in attendance who represented GFWC Massachusetts clubwomen and GFWC Massachusetts junior clubwomen. Among the business of the day were updates of Resolutions and Bylaws, annual reports, award winners announced, and much more coordinated by President Donna Shibley and Director Katie Robey.



GFWC Massachusetts Quarterly Board of Directors Meeting

Editor: Darlene Coutu

Inside this issue:

President's Message	2-3
Director of JR Message	4
Reporting,Legislation	5
Community, Stats	6
Tips, Juneteenth	7-8
Fundraising	9
Club Happenings	10-14
Summer Safety	15-19
Awards	20-23
Membership	24-25
Garden Tea Party	26
TerriLynn Fundraiser	27
1898 Society	28
Dates to Remember	29

Message From President, Donna Shibley



"You are never too old to set another goal or dream a new dream."

C S Lewis

As we head into year two of this administration this State President is proud to lead the way with your support ♥ Our volunteering efforts have had many challenges, but we continue using our **Hearts** & **Hands for GFWC** in positive ways to keep our projects moving and get our volunteering back in motion.

See my *Tips from the Prez* later on in this edition of TOPICS for ways you and your club can reflect on your club membership needs, ways to entice new members to join your club, and how to "pump up the jam" on fundraising and getting your club name out.

This President was excited to preside over the virtual **GFWC MA Combined Annual Convention** on May 1, 2021 with Director Katie Robey. We would have liked to meet in person, but with state restrictions just opening up we were conscientious about our member comfort levels. I was honored to present the State President's Annual report, offer Bylaws and Resolutions up for consideration, welcome GFWC President-elect Deb Strahanoski, and hear about and present awards to our clubs and clubwomen. 68 attendees stayed with us for the four hour convention and celebrated successes. A complete list of club and individual award winners is on pages 20-23.

The 2021 GFWC NER Conference: Celebrate Change will be held at the Double Tree by Hilton in Westborough on Friday September 17- Sunday, September 19, 2021 with GFWC Guests: GFWC President Marian St. Clair and GFWC President-elect, Deb Strahanoski. Massachusetts is the host state so make sure to put on your party clothes to join us at the state night banquet featuring special guest author Sara Hammel. Also on the agenda are a Friday morning walk to benefit St. Jude Children's Research Hospital and Director Robey is planning the Friday fun night which will include a NER Night at Westboro Speedway. Join for the fun and federation friendship with fellow New Englanders. Chairman Jen Nowak is looking forward to a well-attended event.

The GFWC Massachusetts Combined Fall Meeting: Fall in To Serve Together will be held at the Holiday Inn Hotel & Suites, Marlborough on Saturday, October 16, 2021. This in person meeting will feature GFWC guest, Kristina Higbee, Director of Junior Clubs. Highlights will include the Blue and Yellow Fundraiser raffle and auction, decorated teddy bear and book challenge, art supply donation to Boys & Girls MetroWest, hands on projects, A-tisket, A-tasket basket raffle, and a little bit of state business but loads more FUN. Hotel accommodations are available Friday night for \$119 per room. See Fundraising for ways to win an overnight stay.

The **2021 GFWC Annual Convention: Celebrating Culture, Cultivating Connections** will be held at the Atlanta Marriott Marquis, Atlanta, Georgia (\$129 per night) from Saturday, August 28, to Monday, August 30. Additionally, a Board of Directors Meeting, the 2020 and 2021 LEADS training, a 2020-2022 Installation, and a Celebration Banquet "Gateway to the World," will be held on Friday, August 27. So far we have 12 Massachusetts attendees!

Continued on page 3

President's Message continued from page 2

Our GFWC Massachusetts **Board of Directors Meetings** were held on February 27th via Zoom and on May 29th in person at our HQ in Sudbury. This Board is on schedule meeting four times a year to conduct business. Are you interested in this opportunity to broaden your volunteer work? We have the following positions still open: Environment Chairman, Communications & Public Relations Chairman, Legislation/Public Policy Chairman, Resolutions Committee member. Please email me if you are interested.

This President was the featured guest speaker on Sunday, June 13th afternoon's Massachusetts Youth Leadership **MassSTAR Conference**. The virtual conference had attendees from many high schools across the Commonwealth. My 15-minute message and PowerPoint focused on GFWC and our history, GFWC Massachusetts and club recent accomplishments, while emphasized the importance of serving our communities as active and committed citizens.

Have you as a Club President or club leader participated in one of the **Heart to Heart** talks via Zoom? We've had eleven chats so far. These informal Zoom talks are meant to help us stay connected and some have special guests. Watch for an email the first Sunday of the month for the invite to July's Thursday 7/1/2021 talk with guest presenter Diane Murphy GFWC MA Civic Engagement and Outreach Chairman sharing *All Things with Safety in Mind.* Hope to see you there.

The monthly President's newsletter **The BEAT of the Federation** is delivered via email to Club Presidents and Board of Directors members. Please continue to share with your clubmembers. It includes timely topics of interest, save the dates, happenings across the state updates on what your State President has been up to.

I hope your summer is filled with sun, sand and relaxation. I appreciate every one of our clubmembers. Your passion and commitment to making this world a better place - one project, one donation, one helping hand, one heartfelt action at a time is valued.

GFWC Massachusetts Club Leaders Day

Save the date – August 21 @ 1:30 at our HQ in Sudbury

Join GFWC MA Officers T Jablanski and Darlene Coutu as they give tidbits and tips to club leaders for running successful clubs. All are welcome!



Jennie Award



GFWC Massachusetts was lucky to have two nominees for this prestigious award: Martha Michalewich and Jen Nowak. Congratulations to these two remarkable women. Both nomination packets were sent to outside judges and the difficult decision was made. Jen Nowak is the Massachusetts Jennie award nominee. Her packet was given to JoAnn Calnen, NER President to move on to NER judging. Thank you to both nominees and all who took the time to put together all information required for the Jennie Award nomination.

"Continuous effort -- not strength or intelligence -is the key to unlocking our potential."

> Winston Churchill

Director of Junior Membership, Katie Robey



Official summer is almost here and with COVID restrictions lifted, that means this summer will be different from last year. I just returned from a visit to Missouri where I was able to see five of my six siblings and my father. We relived old memories and created new ones.

As our GFWC MA clubs wind down for the summer break, presidents were asked to submit an article describing events of the club. I look forward to reading those articles and learning what has happened during this strange past year as clubs met virtually.

GFWC will be holding its Board of Directors meeting virtually on June 26-27. New information or updates will be passed on to the chairmen of Junior Membership where it can then be shared with club leaders at Junior Jumpstart 2021 which will take place in-person at Headquarters on Thursday, August 19th. It will be nice to meet again and relive memories and create new ones during the remainder of the 2020-2022 administration.

President Shibley and I are starting to plan for our GFWC MA Combined Fall Meeting to be held Saturday, October 16. This will also be an in-person meeting with special guest GFWC Director of Junior Clubs Kristina Higbee. Plans are underway for a combined Arts & Culture/Advocates for Children project taking a handmade or store-bought Teddy Bear and dressing it to match a character from a children's book. Both the Teddy Bear and the book will be brought to Fall Meeting for judging and then during Advocates for Children's Week, October 24-30, they will either be donated to a children's organization or we will have a raffle/auction with funds donated to an Advocates for Children organization. Club members will have their memories of this project and these Teddy Bears, and their books will allow a child to create their own special memories. More details will be coming out soon.

Enjoy your summer and remember..."A moment lasts all of a second, but the memory lives on forever." Author unknown

In Federation Friendship, Katie

GFWC Massachusetts LEADS

(Leadership Education and Development Seminar)

Understanding Membership as a Leader

This free prerecorded leadership event is being run by Alicia Sheridan and Beth McKeon, GFWC MA Leadership Chairmen.

Ouestions: gfwcmaleads@gmail.com

Please encourage your clubmembers to attend. This will be ready for presentation and viewing on **August 2.** Mark your calendars!

"We can achieve what we can conceive and believe."

Mark Twain

Let's make Club Reporting for 2021 **EASIER!**Jen Nowak, 2nd Vice President

It's time to make a few adjustments to the way the GFWC Massachusetts club leaders write their annual reports. The new format will make this process easier for clubs to share the work they did all year long. Women's Club reporting forms will now mirror the form Junior Membership has used successfully for over 6 years.

Don't fret, at *Club Leaders Day* on Saturday, August 21st there will be an explanation of the new forms with examples, a review of the GFWC Affiliates and reminders of what activities to include with your reports. The option will still be up to the individual clubs as to fill out the forms manually and USPS them to HQ or generate them on your computer and email with a few clicks on your computer.

A great part of this new format is there is no reason to wait until after 2021 is over to begin tracking your club activities. Please make sure at least one or more club leaders attend Headquarters at 1:30 on 8/21 to learn about the new forms.

As always, I am here to help in any way I can with your club reports.

Contact Jen Nowak at 413.535.9083 or jwnowak@charter.net

Be sure to sign up for the Legislative Action Center

Sign up and keep abreast of legislation on affecting issues or find your representatives and their contact info from the national level to the local level. On the GFWC MA website homepage click on the scroll bar Take Action on Legislation ~ then Join Now (Join the Legislative Action Center) the link to sign up.

CHALLENGE

The GFWC Legislation Public Policy Committee has a Challenge for all States and Regions to increase their percentage of members who are signed up for the Legislative Action Center. Our States in the Region stand as of June 16:

Rhode Island 24% of their membership number

Connecticut 22%
New Hampshire 11%
Massachusetts 9%
Vermont 8%
Maine 6%

GFWC Massachusetts has a GREAT chance at winning this challenge if we get our members to sign up. Contact Donna for ways to promote to your clubmembers.

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit."

Aristotle

GFWC Community Impact Program Award

Emily Duserick, Chairman

The GFWC Community Impact Program Award offers GFWC clubs financial incentive to implement projects designed to impact a specific problem in their community. Each entry can feature one to three local projects undertaken by a club, all accomplished during the Award Period. From "done in a day" projects to those that could require more rigorous planning and implementation, this is a way to recognize the hard work of a club.

GFWC Awards to Clubs:

GFWC National Awards:

First Place \$50.00 Second Place \$35.00 Category 1 - 6: \$2,500 for each Category

What do you do that impacts the community most positively, extensively, and permanently?

What are you most proud of?

- Projects are judged on development, planning, collaboration, execution and results.
- Select a project to impact your community most comprehensively, work out a plan, involve lots of folks, even other organizations, and see it through.
- We all do good works all the time. This doesn't need to be different than hat
 you are already doing, it just needs to be specially written up and submitted for
 consideration.

Award Rules:

- Projects MUST be accomplished during the program period: January 1, 2020-December 31, 2021.
- Club entries must be sent to the State Community Impact Program Award Chairmen, postmarked no later March 1, 2022.
- All entries must include completed Community Improvement Contest Entry Form.

Emily Duserick, Chairman | duserick134@comcast.net | 508-743-5043

GFWC 2020 Program Statistics

Each year, GFWC calculates the total amount of projects, volunteer hours, and both inkind and dollars donated for the work of its clubs. The Annual Program Statistics Report is based on the two special programs, six community service programs, and the advancement programs that were active in the 2020 calendar year.

Number of Projects: 77,206 Volunteer Hours: 3,670,551 Dollars Donated: \$7,792,349 In-Kind Donations: \$6,807,344 Dollars Raised: \$5,697,553

"Learn from the past, live in the now and be optimistic about the future."

Anonymous

Tips from the Prez ~ Membership Renewal

Vaccines are available to all adults, restrictions are lifted, venues are opening, people are more comfortable meeting in groups of under 50 (personally I am still a bit nervous meeting in larger groups – but I am expanding my comfort level), but there are still anxiety issues hanging over us.

What does all this mean for GFWC Massachusetts Clubs?

It means it is time to find the right projects and events your club is comfortable with. Summer is here. Think outside events: summer concert series, town parades, food collections in a town hot spot are all great ideas.

What have you learned from social distancing?

We can still be together while being safe \sim we can get things done \sim hugging might be the goal for 2022!

What positives came out of the pandemic?

Technology has become our friend \sim although it might have seemed challenging early in 2020, we have proudly learned new skills. We might never need to cancel a club meeting due to bad weather while Zoom is available. Priorities were also set \sim with things that were important to you.

What can you do to motivate your clubmembers?

Talk about what groups your club has supported in the past (kids, seniors, homeless), during the pandemic, and moving forward ~ again.

What is your Club Culture? (see *Nuturing Membership Through Club Culture* by Becky Wright on page 24 from the recent *GFWC Clubwoman Magazine*). Please read it and share with your club leaders and clubmembers.

Would you consider holding a summer **Membership Planning Meeting** for your club? Get key members to offer their thoughtful responses to the above difficult questions.

Even though we think we know the answers, we can be amazed at responses that can be generated with open ended questions. There are many fabulous and creative ideas out there, you just need to ask!

Most of our members are social beings and missed the interactions this past year and a half with family, friends, and fellow clubwomen. Many clubwoman still worked tirelessly during our restrictions making masks, donating to food pantries and more. But now we are ready to get back in full strength to the business of volunteering. It is important to remember to set realistic expectations with how you get back to club business and club events. How can your club accomplish this?

Here are some other thoughts:

Clubmembers ~ you have stayed connected to your members, now how do you bring them back? How can you rejuvenate their interest in chairing club projects?

Enticing new members to your club ~ social media seems to be the way to go – do you have a presence on FaceBook? Intagram? Do you have someone who can get the word out about your club? Revitalize your approach to gain more members.

Fundraising ~ what tried and true events have you hosted in the past, when new twists can you make to "pump up the jam" and make these events more appealing? How do you replenish your club coffers? Remember small successes can add up.

Continued on page 8

"No legacy is so rich as honesty."

William Shakespeare

Tips from the Prez continued from page 7

All studies point to the personal emotional health positives when we are able to volunteer for causes and help others. Communities continue to be in need and GFWC Massachusetts clubs continue to help in so many ways. Can you partner with other community groups on projects to make a bigger impact?

And most importantly celebrate your successes and praise your members for their work. We all need a "thumbs up" for a job well done.

Reach out to Pat Furtado, GFWC MA Membership Chairman, Jen Nowak, GFWC Membership Committee member, and/or Donna Shibley, State President for more ideas and help.

Sources:

NPR: Do We Even Know How To Socialize Anymore? April 4, 20217

The Conversation: *Going Beyond 'Back to Normal'*; Bethany Teachman, Professor of Psychology, University of Virginia May 27, 2021

Letter to New Members:

The letter from Marian St.Clair to new club members is available on page 25. Feel free to print out and share with your NEW club members.

"Leadership and learning are indispensable to each other."

> John F Kennedy



President Joe Biden signed a bill establishing Juneteenth as a federal holiday this year. Junetenth National Independence Day is the first new federal holiday since Martin Luther King, Jr. Day in 1983. Each year Juneteenth commemorates the end of slavery in the United States. The celebration takes place each year on June 19th, recognizing an event that took place in Texas in 1865. The story of Juneteenth begins in Texas when federal troops led by Major General Gordon Granger arrived in Galveston on June 19, 1865, to take control of the state and ensure that all enslaved people be freed. The troops' arrival came a full two and a half years after the signing of the Emancipation Proclamation. Juneteenth honors the end to slavery in the United States and is considered the longest-running African American holiday.

"All Americans can feel the power of this day, and learn from our history," Mr. Biden.

All Things Fundraising

Hope you check out our Fundraising page on our website.

June's Fundraiser:

Over \$100 worth of CELEBRATE the 4th items to make your 4th festive:

- 60" x 70" outdoor blanket, flag design socks, Lady Liberty sunglasses
- Let Freedom Ring hand towel, blue/white/red stripe chef's apron, flag apron, patriotic magnets, star spoon holder, patriotic coasters
- 2 stay put table covers, assorted paper products, handbag decor
- star metal bucket, 2 pkgs patriotic centerpieces, star wall hanging
- 2 pkg self-adhesive red/blue mustaches, patriotic eyelashes

Prize entries \$5.00 each, 3/\$10.00. The drawing will be held at the end of the month. Pay by check (GFWC MA mailed to our Treasurer) or through Venmo GFWC Massachusetts

Contact Donna Shibley to purchase raffles.

July's Fundraiser:

ONE NIGHT STAY at the Holiday Inn Hotel & Suites on Friday, October 15, 2021.

1898 Society

- Become a **Bronze Member** for \$18.98 which includes attendance to the Members Only Reception in May 2022
- Become a **Silver Member** for \$50.00 which includes the above plus Raffle Tickets at BoD & State Meetings
- Become a **Gold Member** for \$100 which includes all the above plus GFWC Stainless Wine Tumbler
- Become a **Platinum Member** for \$250.00 which includes all the above plus GFWC Embroidered Blanket
- Become a **Platinum Plus Member** which includes iall the above plus a Brick with your Name as a Member of the **1898 Society** for the Unity Walkway.

All proceeds support GFWC MA.

Chickadee Shirts

\$20 each. All proceeds support GFWC MA.

Other items for sale

Contact Donna Shibley for colors and choices

Tissue pack holders \$4.00 each or 3/\$10.00 this would be a fun stocking stuffer, or a small gift for someone special.

Pup bandanas - \$10.00 each for the fashionable pup. XS, S, M, L, XL sizes

Terri Lynn Premium Nuts, Confections, and Savory Snacks

GFWC MA is holding a fundraiser with Terri Lynn. Products are shipped directly to you. Terri Lynn offers an incredible assortment of premier products not available in retail stores -- there's something for everyone! Please consider supporting this endeavor.

"To handle yourself, use your head; to handle others, use your heart."

> Eleanor Roosevelt

Junior Woman's Club of Walpole

The Junior Woman's Club of Walpole hosted an outdoor Summer Kickoff for 100 seniors at the Council on Aging. The seniors had a choice of a lobster roll or turkey sandwich with chips and bottled water. Dessert (an ice cream truck) was provided by the Friends of Walpole Seniors. Great time was had by all.

Submitted by Ann Marie Bielenin





GFWC Bay State Contemporary Club

GFWC Bay State Contemporary Women's Club is off to a great start in their collection of suitcases and necessities for Foster Care Kids. Such a simple project yet one that benefits a group in great need. Very often when a child is moved from one foster care facility or home to another, clothes, personal items are lost and usually what is left is carried out in a trash bag. These children deserve to have something of their own and a suitcase, backpack or tote can fill that need. Drop off of goods is simple by contacting your local Foster Care Agency in your area of the state. A simple, easy task and one which is so much appreciated. (Some of the Foster Care Programs are in Auburn, Dedham, Hyannis, Lawrence, West Taunton and Springfield- to name a few).

Submitted by Mary Ann Pierce

GFWC MS Senior America Club of MA



Congratulations to Diane Erickson, first runner-up in the 2021 Ms. Massachusetts Senior America Pageant that was held at the Delaney House in Holyoke in April. Diane also won awards for Best Talent and Best Philosophy of Life. Awards were presented by Past State President and MS Senior America Club of MA President, Lorraine Gorham.



May Executive Committee Meeting

"The art of conversation lies in listening."

Malcom Forbes



GFWC Taunton and Raynham Juniors

Centennial Suffrage Tea in a Bag

The members of the GFWC Taunton and Raynham Juniors completed a successful fund-raising event putting a new twist on their yearly Tea event. They held a Centennial Suffrage 'Tea in a Bag' in honor of the 100th Anniversary of the 19th Amendment; Women 's Right to Vote, at St.Nicholas of Myra Parish Hall in North Dighton. Ticket holders collected their own complete three course tea in a bag, including a china tea cup and saucer, to enjoy at home. Taunton's Mayor Shaunna O'Connell and Suffrage 100MA President and Director Fredie Kay were in attendance to greet guests walking through, along with club President Robin Gendron. In addition the club offered their popular basket raffle, which included thirty assorted baskets, restaurant gift cards and donated gift items. The funds raised support the clubs scholarship donations to the many local high schools.

Submitted by Nancy Brown

"Cherish your human connections -- your relationships with friends and family."

> Barbara Bush



Clarisse, Fredie Kay, Nancy Brown, President, Robin Gendron



Adeline, Nancy, Lindsey, and Amelia

GFWC MA Board of Directors Meeting







GFWC MA Board of Directors Meeting



Donna Canavan
presents Correspondence



GFWC MA 2020-2022 Officers

Federation Day at the Forest



Presentation of Memorials & Tributes

Dedication of Diane McCurley Memorial Forest

Co-Chairmen

Mary Kemp & Nancy Coughlin

Civic Engagement & Outreach

Diane M. Murphy, Chairman

Summer has arrived!!! Time for sun and fun... We all should practice water safety throughout the year, but especially NOW during the summer. Weekly there has been so many lives loss in the water whether it's in a pool or on the ocean. Below are some safety rules and information to follow when in, on or near the water. The information was taken from the Red Cross website. https://www.redcross.org Grilling safety is also included in this article and the information is from the Red Cross. Hurricane and Tornado preparedness is also featured in this article.

WATER SAFETY

Before going in, on or around the water, every family member should become "water smart." This starts with learning to be safe, making good choices, and learning to swim to at least achieve the skills of water competency. Everyone should be able to enter the water, get a breath, stay afloat, change position, swim a distance, and then get out of the water safely. To help keep your family safe, the Red Cross offers these tips: Prevent unsupervised access to water. Fence pools and spas with adequate barriers and keep a constant eye for any water dangers such as portable splash pools/slides, buckets, and bathtubs.

- 1. Adults should actively supervise children and stay within arm's reach of young children and new swimmers. Kids should follow the rules. Designate a "water watcher" to keep a close eye and constant attention on children and weaker swimmers in and around the water until the next water watcher takes over.
- 2. Always wear a properly fitted U.S. Coast Guard-approved life jacket when on a boat and if in a situation beyond someone's skill level.
- 3. Swim as a pair near a lifeguard's chair everyone, including experienced swimmers, should swim with a buddy even in areas supervised by lifeguards. Always maintain constant attention and actively supervise children even when lifeguards are present.
- 4. Download the Red Cross <u>Swim app</u>, sponsored by <u>The ZAC Foundation</u>, for safety tips, kid-friendly videos and activities, and take the free <u>Water Safety for Parents and Caregivers</u> online course.
- 5. **Provide Constant Adult Supervision** Actively supervise children and non-swimmers around the water, even when lifeguards are present. Do not just drop kids off. Avoid distracting activities such as checking email or social media.
- **6. Learn to Swim** No matter your age, learning to swim is one of the best ways to be safer in and around the water.
- 7. **Look for Lifeguards** Swim in designated areas supervised by lifeguards.
- **8. Swim with A Buddy** Do not allow anyone to swim alone. Even at a public pool or a lifeguarded beach, use the buddy system.
- 9. Wear A Life Jacket Adults and kids should always wear a properly-fitted U.S. Coast Guard-approved life jacket while boating. Non-swimmers and inexperienced swimmers should also always wear a life jacket when in and around the water. Inflatable toys can be fun but are not a substitute for U.S. Coast Guard-approved life jackets.
- **10.Learn CPR** Learn how to prevent and respond to emergencies by learning CPR.







"Only a life lived for others is a life worthwhile."

Albert Einstien

Secure Your Pool When Not in Use

- Completely surround your pool with four-sided isolation fencing with a self-closing and self-latching gate that is out of the reach of a child.
- A four-sided isolation fence (separating the pool area from the house and yard) reduces a child's risk of drowning 83% compared to three-sided property-line fencing.
- For above-ground pools, secure, lock or remove steps, ladders and anything that can be used for access (such as outdoor furniture and toys) whenever the pool is not being actively supervised by an adult.
- Install a secondary barrier, such as:
- Door alarms and locks that are out of the reach of a child on all doors and windows with direct access to the pool or spa area and Lockable covers.

Establish and Enforce Rules and Safe Behaviors

- Do not enter headfirst unless in a pool that has a safe diving area.
- Stay away from drains and other openings that cause suction.
- Swim with a buddy.
- Only swim when supervised by a water watcher.
- · Swim sober.
- Supervise others sober and without distractions, such as reading or talking on or using a cell phone.

Take These Water Safety Steps

Employ <u>layers of protection</u> including barriers to prevent access to water, life jackets, and close supervision of children to prevent drowning.

<u>Ensure every member of your family learns to swim</u> so they at least achieve skills of water competency: able to enter the water, get a breath, stay afloat, change position, swim a distance then get out of the water safely.

Know what to do in a water emergency – including how to help someone in trouble in the water safely, call for emergency help and CPR.

A variety of water safety <u>courses and resources</u> are available to help at https://www.redcross.org

"Give, but give until it hurts."

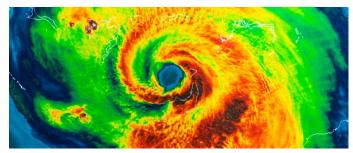
Mother Teresa



Grilling food is so popular that more than three-quarters of U.S. adults have used a grill — yet, grilling sparks more than 10,000 home fires on average each year. To avoid this, the Red Cross offers these grilling safety tips: https://www.redcross.org

- 1. Always supervise a barbecue grill when in use. Don't add charcoal starter fluid when coals have already been ignited.
- 2. Never grill indoors not in the house, camper, tent or any enclosed area.
- 3. Make sure everyone, including pets, stays away from the grill.
- **4.** Keep the grill out in the open, away from the house, deck, tree branches or anything that could catch fire.

Use the long-handled tools especially made for cooking on the grill to help keep the chef safe.



Hurricane Preparedness

Right Before:

Listen to local area radio, <u>NOAA radio</u> or TV stations for the latest information and updates. <u>Be prepared to evacuate</u> quickly and know your routes and destinations. Find a local <u>emergency shelter</u>.

Check your <u>emergency kit</u> and replenish any items missing or in short supply, especially medications or other medical supplies. Keep it nearby.

Then, If You Can, Do This

Fill plastic bottles with clean water for drinking.

Fill bathtubs and sinks with water for flushing the toilet or washing the floor or clothing. Fill your car's gas tank, in case an evacuation notice is issued.

Turn off propane tanks and unplug small appliances.

Bring in anything that can be picked up by the wind, such as bicycles and patio furniture.

If You Still Have Time, Do This

Move your furniture and valuables to higher floors of your home.

Turn off utilities if told to do so by authorities to prevent damage to your home or within the community. If you shut your gas off, a professional is required to turn it back on.

Unplug small appliances to reduce potential damage from power surges that may occur.

If You Have Pets or Livestock

Consider a precautionary evacuation of your animals, especially any large or numerous animals. Waiting until the last minute could be fatal for them and dangerous for you.

Where possible, move livestock to higher ground. If using a horse or other trailer to evacuate your animals, move sooner rather than later.

Bring your companion animals indoors and maintain direct control of them. Be sure that your <u>pet emergency kit</u> is ready to go in case of evacuation.

Staying Safe During a Hurricane

Stay indoors.

Don't walk on beaches, riverbanks or in flood waters.

Use flashlights in the dark if the power goes out. Do NOT use candles.

Continue listening to local area radio, <u>NOAA radio</u> or TV stations for the latest information and updates.

Avoid contact with floodwater. It may be contaminated with sewage or contain dangerous insects or animals.

Turn off the power and water mains if instructed to do so by local authorities.

Staying Safe Outdoors

Don't walk, swim or drive through floodwater. Just six inches of fast-flowing water can knock you over and two feet will float a car.

If caught on a flooded road with rapidly rising waters, get out of the car quickly and move to higher ground.

Don't walk on beaches or riverbanks.

Don't allow children to play in or near flood water.

Stay out of areas subject to flooding. Underpasses, dips, low spots, canyons, washes, etc. can become filled with water.

After a Hurricane

Let friends and family know you're safe. The American Red Cross can help you <u>reconnect with</u> family members.

If evacuated, return only when authorities say it is safe to do so.

Continue listening to local news or a NOAA Weather Radio for updated information and instructions.

Stay alert for extended rainfall and subsequent <u>flooding</u>.

"Humility is not thinking less of yourself, it's thinking of yourself less."

C S Lewis



Staying Safe in a Tornado

To stay safe during a tornado, prepare a plan and an emergency kit, stay aware of weather conditions during thunderstorms, know the best places to shelter both indoors and outdoors, and always protect your head.

Tornadoes continue to impact locations across the country every year, bringing massive winds and destruction in their paths.

The 2020 tornado season claimed the lives of 76 individuals and injured hundreds more. Fifty -one percent of those victims were in a mobile home or trailer park at the time of the tornado. These storms caused billions in damage.

According to the <u>National Oceanic and Atmospheric Agency (NOAA)</u>external <u>icon</u> there is no guaranteed safety during a tornado. Even the possibility of a tornado must be taken seriously. Although the most violent tornadoes can level and blow away almost any house and those within it, extremely violent EF5 tornadoes (those with wind speeds of 200MPH or more) are rare. Most tornadoes are much weaker. You can survive a tornado if you follow safety precautions. Here are three important tips to help keep you and your family safe.

Be prepared.

The best way to stay safe during a tornado is to be prepared with the following items:

- Fresh batteries and a battery-operated TV, radio, or internet-enabled device to listen to the latest emergency weather information
- A tornado emergency plan including access to a safe shelter for yourself, your family, people with special needs, and your pets
- An <u>emergency kit</u> (including water, non-perishable food, and medication)
- A list of important information, including telephone numbers

Be sure your children know what a tornado is, what tornado watches and warnings are, what county or parish they live in (warnings are typically issued by county or parish), and what makes a location a safe shelter, whether at home or at school.

Stay aware of weather conditions.

To protect yourself and your family from harm during a tornado, pay close attention to changing weather conditions in your area. If you know thunderstorms are expected, stay tuned to local radio and TV stations or an NOAA weather radio for further weather information. Some tornadoes strike rapidly without time for a tornado warning. The following weather signs may mean that a tornado is approaching:

- A dark or green-colored sky
- A large, dark, low-lying cloud
- Large hail
- · A loud roar that sounds like a freight train

"We must find time to stop and thank the people who make a difference in our lives."

> John F Kennedy

> > continued on page 19

Staying Safe in a Tornado continued from page 18

If you notice any of these conditions, take cover immediately, and keep tuned to local radio and TV stations or to a NOAA weather radio or check the internet.

Know where to shelter.

Falling and flying debris causes most deaths and injuries during a tornado. Although there is no completely safe place during a tornado, some locations are much safer than others.

- Go to the basement or an inside room without windows on the lowest floor (bathroom, closet, center hallway).
- If possible, avoid sheltering in a room with windows.
- For added protection get under something sturdy (a heavy table or workbench). Cover your body with a blanket, sleeping bag or mattress. Protect your head with anything available.

• Do not stay in a mobile home.

If you are outside or in a mobile home, find a nearby building preferably with a basement. If you are in a car, do not try to outrun a tornado but instead find the nearest sturdy building. No one can know a tornado's strength before it touches down, so keep up with local weather information, especially when thunderstorms are forecast. Prepare your home and family for the possibility of a tornado. Moving to shelter quickly is easier when everyone knows where to go, whether in your home or outdoors. Following these tips will give you the best chance for staying safe in a tornado.

What Do You Need In A Survival Kit?

At a minimum, you should have the basic supplies listed below:

- Water: one gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home)
- Flashlight
- <u>Battery-powered or hand-crank radio</u> (NOAA Weather Radio, if possible)
- Extra batteries (Similar item available in the Red Cross Store)
- Deluxe family first aid kit
- Medications (7-day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers (Similar item available in the Red Cross Store)
- Family and emergency contact information
- Extra cash
- <u>Emergency blanket</u>
- Map(s) of the area

Consider the needs of all family members and add supplies to your kit:

- Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, etc.)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car keys and house keys

Manual can opener

Additional supplies to keep at home or in your survival kit based on the types of disasters common to your area:

Whistle Extra Clothing, hat and sturdy shoes

N95 or surgical masks
Matches
Rain gear
Plastic sheeting
Duct Tape
Scissors

Towels Household liquid bleach
Work gloves Entertainment items
Tools/supplies for securing your home Blankets or sleeping bags

"Truth is so rare that it is delightful to tell it."

Emily Dickinson

SPECIAL PROGRAM

COMMUNITY SERVICE PROGAM

and

ADVANCEMENT PLAN AWARDS

Presented at GFWC MA Combined Annual Convention

Juniors' Special Program: Advocates for Children

- Special Recognition: GFWC Agawam Junior Woman's Club ~ Festival of Trees
- Special Recognition: GFWC Marlborough Junior Woman's Club ~ Feminine Hygiene Kits
- Creativity Award: GFWC Northboro Junior Woman's Club ~ Virtual Holiday Ho Ho Ho
- \bullet Congratulations: GFWC Bay State Contemporary Club \sim Hats and Blankets to March of Dimes

Congratulations: Dennis-Yarmouth Woman's Club ~ Baby Center Collection for Cape Cod Residents

GFWC Signature Program: Domestic and Sexual Violence Awareness and Prevention

- Special Recognition: GFWC Northboro Junior Woman's Club ~ Dinner at Abbey's House
- Special Recognition: Sandwich Woman's Club- Adopt a Family ~ Teenager in Tow
- Creativity Award: GFWC Auburn Junior Woman' Club ~ Jasmine Grace Bags of Hope
- Congratulations: Dennis-Yarmouth Woman's Club ~ Safe Harbor gift cards for the holidays

Congratulations: Ousamequin Club ~ Penelope's Place Food Collection

Arts and Culture

- Special Recognition: GFWC Agawam Junior Women's Club ~ Blankets for March of Dimes
- Special Recognition: GFWC Marlborough Junior Woman's Club ~ Festival of Trees
- Creativity Award: GFWC Dedham Junior Women's Club ~ Hearts of Hope Gift Project
- Congratulations: GFWC Bourne Women's Club ~ Christmas Tree library themed Auction w/ funds to library

Congratulations: Hopkinton Women's Club ~ painted sign sale

"Nothing is as important as passion. No matter what you want to do with your life, be passionate."

Jon Bon Jovi

continued on page 21

Awards continued from page 20

Civic Engagement and Outreach

- Special Recognition: GFWC Hanover Junior Women's Club ~ Making COVID-19 Masks
- Special Recognition: GFWC Walpole Junior Woman's Club ~ Habitat for Humanity
- Creativity Award: GFWC Needham Women's Club ~ Dignity Project
- \bullet Congratulations: Braintree Women's Club \sim teen transition program giving duffle bags filled with items

Congratulations: Millbury Woman's Club, Inc ~ Snack Pack Project

Education and Libraries

- Special Recognition: GFWC Northboro Junior Woman's Club ~ Learning About the Library
- \bullet Special Recognition: GFWC Taunton and Raynham Juniors \sim Reaching Out to School in El Paso, TX
- Creativity Award: GFWC Agawam Junior Women's Club ~ Stories with Mrs. Claus
- Congratulations: Dennis-Yarmouth Woman's Club ~ Teacher Supply Baskets Congratulations: Ousamequin Club ~ Speaker Journey of the Pilgrims with Richard Nichols

Environment

- Special Recognition: GFWC Auburn Junior Woman's Club ~ Habitat for Humanity ReStore
- Special Recognition: GFWC Northboro Junior Woman's Club ~ Support of Environmental Efforts
- Creativity Award: GFWC Dedham Junior Women's Club ~ Milkweed project
- Congratulations: Dennis-Yarmouth Woman's Club ~ KIND News Subscriptions for PreK-4th grade

Congratulations: Ousamequin Club ~ Wands for Wildlife

Health and Wellness

- Special Recognition: Sandwich Women's Club ~ Sandwich Virtual Run 5K
- Special Recognition: GFWC Taunton and Raynham Juniors ~ Prime Time Senior Day Care Center
- Creativity Award: GFWC Marlborough Junior Woman's Club ~ The Front Porch Project
- \bullet Congratulations: GFWC Pepperell Woman's Club \sim made phone calls to seniors in town to connect during COVID-19

Congratulations: Holly Club of Wrentham, Inc. ~ Delivered 250 roses to nursing homes for Valentine's Day

Communications and Public Relations

Special Recognition: Hanover Woman's Club ~ A New Look for 2020

• Special Recognition: GFWC Northboro Junior Woman's Club ~ Zooming Right Along

Creativity Award: GFWC Agawam Junior Women's Club ~ Social Media Outreach to Community

continued on page 22

"The most difficult thing is the decision to act, the rest is merely tenacity."

Amelia Earhart

Awards continued from page 21

Fundraising

- Special Recognition: GFWC Marlborough Junior Woman's Club-Father's Day Dinner
- Special Recognition: Needham Women's Club-Holiday Drive-By House Tour
- Creativity Award: Junior Woman's Club of Walpole-Heart and Soul Event
- Congratulations: Braintree Women's Club ~ book donation sale Congratulations: Holly Club of Wrentham, Inc ~ Giving Tree raffle baskets for scholarships

Leadership

- Special Recognition: GFWC Dedham Junior Women's Club ~ Shot@Life Leadership Training
- Special Recognition: GFWC Northboro Junior Woman's Club ~ Think Tank
- Creativity Award: GFWC Taunton and Raynham Juniors ~ Past President Leadership

Congratulations: GFWC Bourne Women's Club ~ ESO Chairman updated ESO list/kept track of the members entries

Legislation/Public Policy

• Special Recognition: GFWC Northboro Junior Woman's Club ~ Human Trafficking

Creativity Award: GFWC Taunton and Raynham Juniors ~ Promoting GFWC Legislative Priorities

Membership

- Special Recognition: GFWC Auburn Junior Woman's Club ~ 35th Anniversary Celebration
- Special Recognition: Needham Women's Club ~ 85th Anniversary Celebration
- Creativity Award: GFWC Northboro Junior Woman's Club ~ The COVID-19 Connection

Congratulations: Westborough Woman's Club ~ Holiday Greetings to Members, delivered cookies to each member

Women's History and Resource Center

- Special Recognition: GFWC Agawam Junior Women's Club ~ Judith Black Presents Lucy Stone
- Special Recognition: GFWC Taunton and Raynham Juniors ~ Iced Tea Social to celebrate 100th Anniversary of 19th amendment
- Creativity Award: GFWC Northboro Junior Woman's Club ~ Town Common Celebration of Suffrage 100

Congratulations: GFWC Bourne Women's Club ~ Town Scarecrow Competition

"If
everyone is
moving
forward
together,
then
success
takes care
of itself."

Henry Ford

continued on page 23

Awards continued from page 22

STATE INDIVIDUAL AWARDS:

Marilyn Perry Leadership Award ~ **Lynne Merceri,** GFWC Agawam Junior Women's Club

Martha Michalewich Clubwoman of the Year Award ~ Brenda Derby, GFWC Northboro Junior Woman's Club

GFWC Massachusetts Clubwoman of the Year ~ **Joyce Clark, GFWC Bay State** Contemporary Club

Sheila E. Shea Junior Club President Award ~ Kathryn Rucker, GFWC Dedham Junior Women's Club

Julia Ward Howe Club President Award ~ Leslie Dorr, President Ousamequin Club

STATE OVERALL ACHIEVEMENT AWARDS

Barbara S. Baker Tray ~ Hanover Woman's Club, Juniors Division II (6-30 members) ~ Small Bowl ~ GFWC Agawam Junior Women's Club

Division I (31+ members) ~ Large Bowl ~ GFWC Taunton and Raynham Juniors

P & A – Large Bowl ~ GFWC Northboro Junior Woman's Club

2020 Club Performance Award Bowls GFWC Bay State Contemporary Club ~ MaryAnn Pierce, President Ousamequin Club ~ Leslie Dorr, President Braintree Women's Club ~ Maureen Crowley, President

Millbury Woman's Club



The installation of the 2021-2023 MWC Executive Board by GFWC MA President, Donna Shibley, at the Asa Waters Mansion.

Left to right are Marguerite Duncan; Mary Lou Mulhane, Rose Duquette; Pauline Trantor; Donna Aliquo; Donna Shibley; Sitting, are Joanne Jacobson and Diane Erickson. Absent were Jane Cheetham and Nancie Prior.

Sumitted by Diane Erickson

"Coming together is a beginning. Keeping together is progress. Working together is success."

Henry Ford

SUMMER 2021 MEMBERSHIP

Nurturing Membership Through Club Culture

BY BECKY WRIGHT, GFWC MEMBERSHIP CHAIRMAN

hile we may be adapting to the new normal, one important aspect of nurturing membership is constant; club culture. In our efforts to create rewards for members, we must first assess the environment that exists within our clubs to ensure that the culture is inclusive and encouraging to growth. Recruitment and retention are equally important for sustainable membership growth. Both require us to cultivate an environment where all members have room to unite, thrive, and know the value of their contributions.

Members join clubs to fulfill one of the most basic of human needs: a sense of belonging. Thriving clubs fulfill this need by creating a welcoming environment that exemplifies our motto of *Unity in Diversity*. Creating a culture that shapes growth and development among members, cultivates teamwork through collaboration, and shows respect and appreciation through rewards and recognition of member contributions will increase sustainability and retention.

The atmosphere of an inclusive club culture should be evident the moment a prospective member visits and should continue after a new member joins. We want our guests and members to feel wanted and needed, but sometimes our subliminal messages say otherwise. If you have ever felt the excruciating feeling of walking into a meeting where all the seats were taken, then you know what I'm talking about! Even worse is to approach a table only to hear, "this seat is saved."



When we open up to accept others by giving them a seat at the table, we learn that strength lies in differences. We learn to understand Mahatma Gandhi's words that "no culture can live if it attempts to be exclusive."

Moreover, inclusion is a crucial nutrient for our clubs and members to thrive. We know that retention is the single most important goal for growth and begins the moment a member joins GFWC. Cultivating member development should begin immediately. It is important that we nurture new members as we would seeds in our garden, providing all the nutrients they need to thrive and bloom when planted. Cultivating a highly engaged club culture allows new members to add their skills, experience, and enthusiasm. However, it is still important that

we initiate a mentoring culture and offer a new member orientation to provide the history of our Federation, accomplishments, members' responsibilities, and Bylaws. This initial time investment acclimates members to the club and helps them thrive.

How would you define the culture of your club? Have you taken a look through the lens of prospective members lately? Would you view your club as exclusive and cliquish or inviting and inclusive? What is your club doing to cultivate an environment for sustainable membership growth?



Dear New GFWC Member,

Welcome to the General Federation of Women's Clubs!

It is with great pleasure I extend this sincere greeting to you as you begin what we hope will be a long and rewarding association with the General Federation of Women's Clubs. We know your participation in the activities of your club, your district, your state, your region, and GFWC will be personally satisfying and enjoyable.

Attending GFWC district, state, region, and national meetings will provide you with an expanded perspective on the varied programs and projects supported by GFWC members across the country and around the world. In addition to increasing your knowledge about GFWC, these meetings also offer the opportunity to make friends around the world.

I trust you will take advantage of the many resources available to you through your membership: subscribe to the *GFWC Clubwoman Magazine*; visit the GFWC website often; sign up to receive our weekly *News & Notes* and quarterly Women's History and Research Center (WHRC) electronic newsletters; become involved with the programs and projects outlined in the *GFWC Club Manual*; and learn about GFWC public policy initiatives based on the GFWC Resolutions.

Please know your professional staff and I, located at our GFWC Headquarters, 1734 N Street NW, Washington, D.C., are here to provide assistance to you in any way.

Again, welcome to the wonderful and exciting world of GFWC.

2020-2022 Executive Committee

Marian Simmons-St.Clair International President

Deb Strahanoski President-elect

Suellen Brazil First Vice-President

Wendy Carriker Second Vice-President

Jolie R. Frankfurth Secretary

Mary Beth Williams Treasurer

Kristina Higbee Director of Junior Clubs

Ida Dorvee Parliamentarian

Patricia Budka Chief Of Operations

Forever Living the Volunteer Spirit Through GFWC,

Marian Simmons-St.Clair International President

Marian Semmons St Clair



General Federation of Women's Clubs of Massachusetts Donna M. Shibley, President



High Tea Garden Party

FUNdraiser

Join us for a fun afternoon with friends and family.

Suggested dress: fancy hats, flowery dresses, pearls, parasols.

Menu: tea, scones, petite sandwiches, and scrumptious desserts.

Surprises for all attendees.

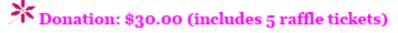
Bring your own teacup and small plate.



米	Sunday, August 1,	202



Ж 1:00 ~ 3:00рг





Contact Mary Ann Pierce for more information: mapgfwc@msn.com |781.424.0286

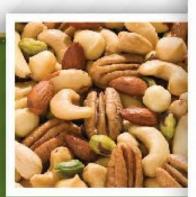
Pay by check (send to Darlene Coutu, PO Box 236 Pepperell, MA 01463) or Venmo @GFWC-Massachusetts

Name			
Phone/email_			
Club			



Help Us Reach Our Fundraising Goal

Every purchase of premium nuts, gourmet confections, and Sweet & savory snack mixes benefits our cause.







Terri Lynn offers an incredible assortment of premier products not available in retail stores--there's something for everyone!



SHOP TO SUPPORT US NOW!

https://gfwc-massachusetts.terrilynn.com









Julia Ward Howe was the founder of the GFWC Massachusetts Federation. She served as the first President 1893 to 1898. Among her many contributions to American society is her famous "Battle Hymn of the Republic," and was co-editor and writer for *The Woman's Journal*, which lobbied for suffrage and human rights. Julia traveled the world promoting Women's Rights, Peace, Prison and Education Reform as a preacher, lecturer, and dignitary. She was seen as a bridge between Society and Reform and used her celebrity and social status to further her ideology.

Show your support of GFWC Massachusetts by joining the 1898 Society. Members are dedicated to the financial well-being of our state organization, all funds raised contribute to the welfare of this Federation and help to maintain our property and headquarters building. GFWC Massachusetts is a 501(c) organization.

We encourage all members to join each year and we will celebrate together at the Members Only reception which is held at Annual Convention.

Membership Levels

- Bronze Membership for \$18.98 includes attendance to the Members Only Reception in May 2022
- Silver Membership for \$50 includes the above plus Raffle Ticket at BoD & State Meetings
- Gold Membership for \$100 includes all the above plus GFWC Stainless Wine Tumbler
- Platinum Membership for \$250 includes all the above plus GFWC Embroidered Blanket
- Platinum Plus Membership for \$500 includes all the above plus a Brick with your Name as a Member
 of the 1898 Society for the Unity Walkway

Name	Level	
Address		
Email.	Date	
Linds		
Club Name	Amount Venmo	or Ck#

Venmo or Check payable to GFWC MA with 1898 Society in the memo line. Contact Mary Ann Pierce with questions.

Your contribution to the 1898 Occiety is Greatly Appreciated

DATES TO REMEMBER

July 1	Heart to Heart with President Shibley & Club Presidents
July 7	Conversations in Katie's Kitchen
July 21-31	Best of Britain, GFWC President's tour
August 1	High Tea Garden Party at Headquarters $\sim 1 \text{pm}$ - 3pm
August 2	LEADS pre-recorded leadership presentation
August 4	Junior Executive Board
August 12	Executive Committee ~ social 6:30pm start 7:00pm
August 19	Junior Jumpstart (Leadership) ~ 6:00pm
August 21	Board of Directors ~ social 9:30am, start 10:00am at HQ
August 21	Club Leaders Day - 1:30 - 2:30pm
August 27-30	GFWC Convention ~ Atlanta, GA
Sept 17 - 19	New England Region Conference ~ DoubleTree Hotel, Westborough
Oct 4	Executive Committee ~ social 6:30pm, start 7:00pm
Oct 16	Combined Fall Meeting ~ Holiday Inn, Marlborough 10am - 3pm

