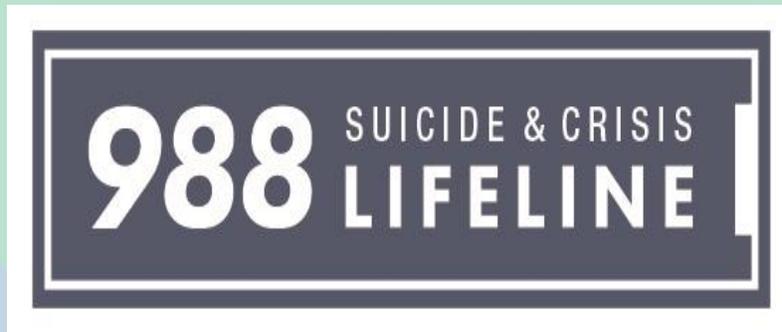


ANNOUNCING



- The new **988** Suicide & Crisis Lifeline was introduced on July 16, 2022.
- Call or text **988** to connect with trained crisis counselors who can help people experiencing a suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress.
- Anyone worried about a loved one who may need crisis support can also call or text **988** for help.
- This new three-digit number **988** is easier to remember and quickly connects people who are suicidal or in any mental health crisis to a trained mental health professional.
- Visit the SAMHSA (Substance Abuse and Mental Health Services Administration) website for more information – www.SAMHSA.gov/find-help/988 .

Talk with us.



There is hope.

