June 29th - It’s the Installation of Sheila E. Shea
GFWC International President

2016 GFWC Convention
Baltimore, Maryland
www.gfwc.org

“Step Into The Spotlight”
Elfriede Parker
President-elect
Happy Easter my friends!

Where has the time gone? It seems it wasn’t too long ago we celebrated “Step Into The Spotlight” and the new administration of President Lynne Sullivan.

Now we are planning the new administration of 2016-2018 which will start at our Annual Meeting in May 2016. We just had a wonderful Mid/Winter Meeting at the Regency Conference Center in Westford, which was very informative, in as bylaws and Resolutions were voted on and passed.

The highlight of the day was the keynote speaker, President-elect Sheila Shea, GFWC; who not only brought greetings from our headquarters in Washington DC, but also spoke of the Federations future as she saw it happening in her upcoming administration.

It was heartwarming to look out into the audience and see so many familiar faces that day; that came to say hello. I hope it is a sign of the future, that our attendance at meetings is looking up once again to take care of federation business and spread the word of all the good we have done and continue to do in our communities and around the world.

I for one am tired of being “The best kept secret” in the country. Let’s go out and sing our praises to anyone who will listen, nobody else will do it for us.

April 7th is Club Institute is Awards Day at Headquarters, followed by Executive Board and then we look forward to “Day at the State House” on April 27, 2016 at 10 AM, all activities will take place in the Great Hall and the cost is $20; please contact Katey Robey, or download the registration form from the website.

May 14-15, 2016 will find us “going home” to Sea Crest Resort in North Falmouth this year for our Annual Meeting, election and installation of new officers. It promises to be a very exciting, informative and also fun filled time for all of us that are looking ahead to the future.

Let us stay united, straight forward with hope, heart, honesty and love for our federation.

God Bless

Elfriede Parker

April is a promise that May is bound to keep. ~Hal Borland
Junior Membership
Director of Junior Clubs, Diane McCurley

“Embrace Diversity “

It makes me quite happy to look out my windows and not see piles of snow. I don't mean to jinx us, but we have been very lucky weather-wise this year and I'm sure everyone's back is grateful. But as we fly through the end of the winter season and look forward to Daylight Saving Time and green grass and flowers, it also means the end of this administration. For me this is kind of a bittersweet time. When they told me it would go by quickly, I believed them, but I guess I didn't think THIS quickly! Words can't describe how truly thankful I am for this experience. Having this relationship with Junior clubs and their members has been the most wonderful time in my volunteer life. Thank you all for your support and friendship--the memories will last forever!

But time goes on and so does the work (and fun) of Junior Membership. Thank you to all the clubs who reported their projects for 2015--they are well-represented in the award entries which we are submitting to GFWC. Hopefully, we will receive recognition for all your efforts at the GFWC International Convention in Baltimore in June. But even if we don't, please feel a great sense of satisfaction that you have made the lives of many people better for your being there for them.

Speaking of the Convention in Baltimore... I am all registered and room reserved. Will you be joining me as we embark on a new journey with one of our very own members, Sheila Shea, when she becomes the 51st GFWC International President on June 29, 2016? All the information you need is right there on the GFWC website (gfwc.org). Please consider coming for all or part of the Convention; even just the Installation. It's an event you will never forget!

Can't swing a trip to Baltimore? There's a great time to be had right here in Newton, Massachusetts on April 23rd. The GFWC of Massachusetts Junior Annual Conference will be held at the Boston-Newton Marriott starting with Junior Fun Night on the 22nd and continuing throughout the day and evening of the 23rd. Camaraderie, awards, music, dancing?, Installation of officers for 2016-2018 and all-around Junior happiness await you! The Call will be out very soon so look for it. Room rates are a reasonable $135/night double occupancy but are only available until April 1st so make your reservations early!

Enjoy the springtime events your club is planning--Easter Bunny Breakfasts, yard sales, flower planting, town clean-ups, whatever they may be. Know that you are making a difference. I have received a few invitations to join clubs at their upcoming events but would love to visit everyone! It doesn't even have to be any special event, I'd love to come and just say "Hi".

Happy International Women's Day (8th), Happy St. Patrick's Day (17th), Happy Easter (27th), Happy April Fool's Day (1st), Happy Earth Day (Apr 22nd), Happy Passover (22nd), Happy Federation Day (24th)!!!! And if you, like me, have a birthday coming up, Happy Birthday!! Enjoy it all! Enjoy life!

Thank you for all you do, and thank you, always, for being you!

Diane
Above: Keynote Speaker Sheila Shea, GFWC MA President
and Legislation Chairman, Katie Robey.

Above: Entertainer Jimmy Connor compliments of the New England Country Music Organization, Darlene Coutu, President

Mid Winter attendees clad in red to honor Heart Health month enjoying the speakers and gathering with friends for lunch.
The GFWC Agawam Junior Women’s Club members spent part of their January meeting making and signing Valentine’s cards for 60 Valentine candy-filled goodie bags for Veterans.

Spring is nature’s way of saying, ‘Let’s Party!'
Robin Williams

That’s how many General, Junior, Juniorettes and Associate clubs make up our GFWC Massachusetts Federation.
The Metrowest Princess Boutique is a project sponsored by the GFWC Marlborough Junior Woman’s Club. The goal is to help qualified girls get to the prom by easing the financial burden for them and their family. All items, dresses, shoes, make-up and accessories are free. The students will have the help of a personal shopper; make-up artists and seamstresses to make the whole outfit perfect for their prom or senior reception! Hundreds of brand new gowns are also available!

The Metrowest Princess Boutique serves girls in and around the Marlborough, MA area, including Worcester. We work with area high schools to pre-qualify girls to come shop in our boutique.

Below: Katie Robie arranging gowns

Below: Diane McCurely sorting shoes

March CLUB INSTITUTE
St. Jude’s & SHOT@life

GFWC Norwood Junior Woman’s Club
Hosted a Beer and Wine Tasting
Friends and neighbors gather for samplings from local wineries and breweries and appetizers along with raffles and a silent auction. Proceeds to benefit the local RAD program and other community organizations.

Far left: Erin Farrell of St Jude’s, a new partner for GFWC and Mary Ann Pierce Shot@Life Champion spoke to the attendees at Club Institute

Diane McCurely and Donna Shibley enjoy some green “shots” prepared by Champion Mary Ann Pierce.
Traveling This Summer?

ZIKA
What we know
• No vaccine exists to prevent Zika virus disease (Zika).
• Prevent Zika by avoiding mosquito bites (see below).
• Mosquitoes that spread Zika virus bite mostly during the daytime.
• Mosquitoes that spread Zika virus also spread dengue and chikungunya viruses.
• Prevent sexual transmission of Zika by using condoms or not having sex

Steps to prevent mosquito bites
When traveling to countries where Zika virus or other viruses spread by mosquitoes are found, take the following steps:
• Wear long-sleeved shirts and long pants.
• Stay in places with air conditioning or that use window and door screens to keep mosquitoes outside.
• Sleep under a mosquito bed net if you are overseas or outside and are not able to protect yourself from mosquito bites.
• Use Environmental Protection Agency (EPA)-registered insect repellents. When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breast-feeding women. ◦ Always follow the product label instructions.
  ◦ Reapply insect repellent as directed.
  ◦ Do not spray repellent on the skin under clothing.
  ◦ If you are also using sunscreen, apply sunscreen before applying insect repellent.
• If you have a baby or child: ◦ Do not use insect repellent on babies younger than 2 months of age.
  ◦ Dress your child in clothing that covers arms and legs, or
  ◦ Cover crib, stroller, and baby carrier with mosquito netting.
  ◦ Do not apply insect repellent onto a child’s hands, eyes, mouth, and cut or irritated skin.
  ◦ Adults: Spray insect repellent onto your hands and then apply to a child’s face.
• Treat clothing and gear with permethrin or purchase permethrin-treated items. ◦ Treated clothing remains protective after multiple washings. See product information to learn how long the protection will last.
  ◦ If treating items yourself, follow the product instructions carefully.
  ◦ Do NOT use permethrin products directly on skin. They are intended to treat clothing.

From: Center for Disease Control

GFWC Partner

Champion Mary Ann Pierce and region members with Senator Elizabeth Warren - Shot@life Summit DC

Shot@life Champions meet with Representative Joe Kennedy in Washington DC
Join us for April Club Institute

AWARDS DAY

Thursday, April 7, 2016  10:00- 11:30 AM

GFWC of MA Headquarters, Sudbury

Coffee and Pastries available

Terry Rouvalis, Arts Chairman

Janet Morgan Daly, Counselor to Arts

Arts Awards  Photography Contests  Poetry and Short Story

Membership

Membership Recruitment Campaign Continues

We are moving rapidly through our New England winter. Spring is almost here.

That signals it is time to “Grow New Friends.”

“GROW NEW FRIENDS”

Spring: March, April, and May

Recruitment Report due May 29

Please complete the GFWC Seasonal Recruitment Reporting Form for your new members recruited during any of the Campaigns (http://www.gfwc.org/membership/recruitment-campaigns/) - scroll down to the Recognition section for a link to the pdf form). Send the form to me either via regular mail or electronically. Be sure to submit them by the date indicated so I can let GFWC know. Clubs that recruit 3 or more members will have their names published in Clubwoman Magazine (and receive special recognition from us here in Massachusetts!!). You have done a fabulous job in the past. Let’s keep up the great work.

Check out the Membership Advancement Guide for ideas on recruiting. (http://www.gfwc.org/membership/club-manual/ and open the pdf that downloads)

Already have a great idea, but no money?? Check out and apply for a GFWC $50 Membership Grant. It’s easy and could make a difference. (http://www.gfwc.org/membership/recruitment-campaigns/ - scroll down to the Membership Grant Recognition section for a link to the pdf form)

“In the spring, at the end of the day, you should smell like dirt.”

— Margaret Atwood, Bluebeard’s Egg
We ARE our Resolutions

Lynne Stader, Chairman, Resolutions Committee
Mary Kemp, Darlene Coutu, Committee members

As we near the end of the current administration I want to extend my sincere thanks to Darlene Coutu and Mary Kemp for their work with me on the Resolutions Committee. Their research and contributions were invaluable to moving the work of the committee forward in a timely manner. Thank you to Dorothy Graham for her insight shared while serving as our advisor as well.

At Midwinter Meeting held in February at the Westford Regency the membership voted to amend two resolutions that were set to expire.

**EDUCATION  3. Education of Youth** - The changes reflect a broader view describing differences in learning styles, and reinforcing the value of vocational training for trade, semi-professional and technical careers.

**PUBLIC ISSUES  11. Runaway and Homeless Youth** - This was revised to reflect the National Runaway Safeline and Greyhound Bus Line’s Free Ride Home program for runaways.

The following resolutions were voted to remain the same.

**ARTS**  2. Heritage Arts and Crafts

**CONSERVATION**  7. Keep America Beautiful

**EDUCATION**  1. Basic Education; 2. Education for Adults; 8. Suicide Awareness; 9. Community Colleges


**PUBLIC ISSUES**  3. Fire Prevention; 7. Honor Our American Flag

The following resolution was **RESCINDED** -

**HOME LIFE**  18. Public Health

Remember to review these at your next club meeting, and talk about ways your members might be truly “resolved” to plan activities in support of these initiatives.

---

**MassSTAR Foundation**

Our Massachusetts GFWC clubs continue to send their monetary donations in support of MassStar. We are proud of our long history as a primary partner for this organization training high school students with leadership potential. Now clubs can support MassStar with their volunteer hours as well.

**SAVE THE DATE! June 4-5, 2016** - The 2016 MassStar Leadership conference will be held at LaSell College the weekend of June 4-5. Volunteers can help facilitate the service project on Saturday with attendees- hands on fun! Interested club members can sign up at Club Institute or Annual Meeting to help.

---

Spring shows what God can do with a drab and dirty world. ~Virgil A. Kraft
**GFWC of MA CLUBWOMAN of the YEAR AWARD**

**NOMINATIONS are Due April 1, 2016**

Honor one of your clubwomen with this recognition for someone who goes above the call of duty for her club. You know - that member in your club who almost always says yes, takes on the roles both as a follower and leader, and represents your club in the most positive light? Take a few minutes to write us about THAT special clubwoman.

Nomination for this award is a special honor for a clubwoman. All club nominees will be recognized at the GFWC of MA Annual Meeting at SeaCrest in Falmouth in May 2016.

**ENTRY INFORMATION**

Each club is allowed one entry. Former state winners of this award are not eligible.

Entries must be typed, double-spaced, and no more than two (2) pages.

Include a cover page with your club name and your club president’s name.

If you would like confirmation of receipt of your entry, please enclose a stamped, self-addressed postcard or envelope, or email Martha Casassa at labmom416@gmail.com.

Mail two (2) copies to: Martha Casassa, 10 Norroway Avenue, Randolph, MA 02368

Entries must be postmarked by April 1, 2016.

---

**JULIA WARD HOWE PRESIDENT’S AWARD**

**NOMINATIONS are Due April 1, 2016**

How can you say thanks to your club president? Has she represented your club at state events, encouraged members to support the state president’s project, and helped your club members to know the value of their GFWC membership? Does she create agendas to help the success of your club meetings?

We want to recognize club presidents who have demonstrated leadership during the 2015 club year. Take a few moments to tell us why your club president deserves to be recognized as this year’s Julia Ward Howe President’s Award winner.

The Julia Ward Howe President’s Award will be awarded at **Annual Meeting at SeaCrest in Falmouth May 14-15**. Send your Nomination letter to Elfriede Parker, First Vice President, eparker6749@verizon.net by April 1, 2016. Mailing address is on the nomination form.

Club vice presidents are encouraged to nominate club presidents, but anyone can submit the nomination. Download the Nomination form at www.gfwcma.org.
10 Spring Cleaning Tips by Kathleen Dore

Revitalize your hibernating home with simple suggestions.

1. Work from the top down, inside to outside, to avoid getting what you just cleaned dirty again.

2. Do one room, even one area of one room, at a time to avoid unfinished jobs. The satisfaction of seeing one room sparkle will make the hard work feel like it’s worth the effort.

3. When tidying, reduce trips around the house by temporarily depositing items in one spot en route to but not at their final destination.

4. Do two things at once. While laundry is going, scrub the shower stall.

5. Make small repairs. If you’re not handy, hire someone.

6. Invest in good rubber or vinyl gloves to protect your skin and nails.

7. Dust before vacuuming or cleaning the floor. Try feather or lambswool dusters, especially extendable ones for reaching above window and door casings and into corners. Household rags are invaluable for jobs requiring a damp cloth – natural fibres work best.

8. Buy mops with a squeeze mechanism (great for vinyl, linoleum or ceramic tile floors) and a decent-size heavy-duty pail – one with a measuring scale helps get soap-to-water ratios correct.

9. Don’t stand your brooms on their bristles. It will destroy their shape and diminish their effectiveness. Instead, get a broom holder, like the Magic Holder 5-position broom organizer.

10. Use a Swiffer for light dusting, or your favourite broom or vacuum attachment to clean hardwood floors. Then damp-mop with a mild cleaner such as Murphy Oil Soap. I recently discovered BonaKemi’s MicroPlus Hardwood Floor Care System, which includes a mop with a removable washable microfibre pad and a nontoxic water-based spray cleaner. It makes the floors glow, and smell good, too.

Clean Jokes

You never know what you have...until you clean your room.

I love cleaning up messes I didn’t make.
So I became a mom.

A clean house is a sign of no Internet connection.

It started with candy...and birds. Aluminum foil was introduced in France in 1903, but it didn’t enter the world of food until 1908, when Swiss chocolate maker Tobler (known for its iconic triangular Toblerone bar) started tucking its chocolate bars into foil. United States production began in 1913, with foil’s first commercial use as identification leg bands for racing pigeons. That same year, Life Savers candies was founded and began wrapping its Pep O Mints in tin foil (it switched to aluminum in 1925) to keep them fresh.
Martha Scarsdale

Nominating Chairman

GFWC of Massachusetts 2016 – 2018
Nominees for Officers, District Directors, Nominating Committee Members

OFFICERS

First Vice President – Lynne Stader – Westford Women’s Club
Second Vice President – Donna Shibley – GFWC Agawam Junior Woman’s Club
Nancy Urell – Stoughton Woman’s Club
Recording Secretary – Diane McCurley – GFWC Marlboro Junior Woman’s Club
Corresponding Secretary – Diane Erickson – Millbury Woman’s Club
Treasurer – T Jablanski – GFWC Auburn Junior Woman’s Club

DISTRICT DIRECTORS

Cape Cod District – Janet Morgan Daly – Dennis-Yarmouth Woman’s Club
North Central District – Darlene Coutu – GFWC Pepperell Woman’s Club
Northern District – OPEN
South Central District – Joan Shanahan – Upton Woman’s Club
Southern/MetroWest District – Donna Canavan – The Holly Club of Wrentham
South Shore District – Theresa Rouvalis – Braintree Women’s Club
Western District – Valerie Clapp – Chicopee Falls Woman’s Club

NOMINATING COMMITTEE MEMBERS

Cape Cod District – OPEN
North Central District – Mary Barnes – Templeton Woman’s Club
Northern District – OPEN
South Central District – Nancy Gale – GFWC Northboro Woman’s Club
Southern/MetroWest District – Jean (Peg) Keddy – GFWC Boston Parliamentary Law Club
South Shore District – Joyce Middleton – Ousamequin Club (Bridgewater)
Western District – Norma Bandarra – Wilbraham Women’s Club

“It is spring again. The earth is like a child that knows poems by heart.”
— Rainer Maria Rilke
February 28, 2016

My 28 years as a GFWC clubwoman, with current membership in six Junior, General and Associative clubs, has been a huge part of my volunteer service.

Serving on the state level came in 1996 when I first joined the GFWC of MA Junior Executive Board volunteering consecutively for 20 years as: Chairman for various areas, Corresponding Secretary, Assistant Director, and Director of Junior Clubs. My commitment to GFWC is unwavering.

As a member of the GFWC of MA Executive Board for 8 years as Director of Junior Clubs 2008-2010, Club Institute Chairman (2 terms), Meetings Chairman, and Protocol Chairman, I have been readily accessible, set my priorities, and adept at any task required of me.

Because of my love of GFWC, its members, its visions, and my advancing leadership opportunities, my involvement on the GFWC Region and International level has grown. Other GFWC leadership positions that I have held include: GFWC New England Region Board of Directors for 8 years (currently serve as NER Protocol Chairman), and GFWC National Board member for 5 years (served as Leadership Committee Member and currently as Fundraising Chairman).

The duties of Second Vice-President include serving as Dean of Chairman, as a member of the Finance Committee and the Appointments Committee. I feel my qualifications and prior leadership experience qualifies me to be part of the team to lead our Federation into the future.

I am loyal, industrious, creative, caring and an especially able leader who is well respected by many. I am also not afraid to ask for help or question something I may not understand for clarification. Giving 100% to each and every position that I have been privileged to be involved with, I am ready to devote my time and energy to GFWC of Massachusetts for the 2016-2018 administration.

Sincerely,
Donna M. Shibley
candidate for GFWC of MA Second Vice President
Candidate Resumes

I have been a member of the GFWC Stoughton Woman’s since 1987 and have held numerous positions in the Club and the General Federation of Women’s Clubs of Massachusetts.

GFWC OF MASSACHUSETTS

Served on GFWCMA Counsel as Recording Secretary 2006-2008
South Shore District Director 2004-2006
President, GFWC Stoughton Woman’s Club now serving for the 16th year
Vice President Past Chairman’s Club 2008-2010
President Past Chairman’s Club 2010-2012
Recording Secretary, Ladies Physiological Institute of Boston and Vicinity
Vice President, Ladies Physiological Institute of Boston and Vicinity 2014-2016
Corresponding Secretary, Ladies Physiological Institute of Boston and Vicinity 2004-2006
Corresponding Secretary, GFWC Boston Parliamentary Law Club 2006-2008
Chairman, The ARTS, Literature and Drama
Chairman, International Outreach
Chairman, Clubwoman Magazine and received GFWC International Award 1998-2000
Served on Meetings Committee, Bylaws and Public Relations

OTHER

Registered Dental Hygienist, Licensed in Massachusetts and Connecticut
Graduated from Fones School of Dental Hygiene, University of Bridgeport
Attended Harvard University studying Psychology and Philosophy of Life
Attended Stonehill College studying Principles of Business and Art History
Elected Dental Hygienist of the Year, South Shore Dental Hygienists’ Association 1990,1996
Past State President, Massachusetts Dental Hygienists’ Association 1999-2000
Elected Dental Hygienist of the Year 2002 for the Yankee Dental Congress
Elected Dental Hygienist of the Year 2010 for the Massachusetts Dental Hygienists’ Convention

GFWC Stoughton Woman’s Club enthusiastically endorses Nancy Urell as nominee for Second Vice President for the 2016-2018 Administration.

Nancy has served on GFWCMA Counsel as Recording Secretary in the 2006-2008 Administration.

Nancy Urell
FEDERATION DAY AT THE STATE HOUSE

April 27, 2016 10:00 AM TO 1:30 PM

Held in the Great Hall, 2nd floor of State House

Use General Hooker entrance on Beacon St.

For handicap entrance, use Ashburton Park entrance on Bowdoin St.

10:00 - Social time; Coffee/Tea will be available in morning

10:15 - Programming will Include MA Legislators and invited Guest Speakers

    KEYNOTE SPEAKER - Tammy Mello, Executive Director, Governor’s Council to Address Sexual Assault and Domestic Violence

12:15 - Break

12:30 - Lunch; Invite your legislator to join your club members as a guest

Menu:    Chicken Parmesan w/Ziti Marinara, Garden Salad, Rolls w/butter, Cookies/Brownies, Assorted Cold Beverages

Cost: $20 (includes morning coffee) Checks payable to GFWC of MA

REGISTRATION FORM

Registration Deadline: April 7, 2016

Club:
Name:
Guest:
Total payment:

Mail to: Katie Robey, Legislation & Public Policy Chairman
97 Hudson St., Marlborough, MA 01752
Installation of Sheila E. Shea  
2016-2018 GFWC International President 
Baltimore Marriott Waterfront Hotel 

Hotel Reservations and Convention Registration is available on the GFWC website at www.gfwc.org/events/2016-annual-convention or by just going to the GFWC home page at www.gfwc.org or GFWC of Massachusetts home page at www.gfwcma.org and clicking on the scrolling picture of GFWC Annual Convention or Baltimore respectively. The information will also be in the Official Call to Convention in the March+April issue of GFWC Clubwoman Magazine and available on the new GFWC app.

We would love to have all GFWC of Massachusetts Members in attendance serve as a Table Hostess at the Installation Banquet. If you are attending the installation events and would be willing to serve as a table hostess, please let Lorraine Gorham know either by telephone at 413-534-1318 or by email at lorraines352@verizon.net.

If you are planning to attend the 2016 GFWC Annual Convention in Baltimore for the Installation Banquet, Ceremony, and Reception for Sheila E. Shea on Wednesday, June 29th, the entire GFWC of Massachusetts Delegation is asked to wear a Dressy Lavender Vest over a Long Black Dress signifying you as a member of Sheila’s home state federation.

The vests are available for purchase for $20.00. For your convenience, the Little Black Dress, which has been a vendor at GFWC of Massachusetts and GFWC New England Region meetings, has long black dresses available at a very reasonable price that can be worn with the vest, but you are free to wear any black dress as long as it is floor length. Vests and information about dresses is available from Marilyn Perry by telephone at 508-229-2023 or by email: mapmro@comcast.net. You will also want to wear your Purple Jewelry if you have it, as it should look quite nice with the outfit.

Please Note: This picture does not really do justice to the vest’s stunning and dressy lavender color.
Dates to Remember

**DEADLINE: Summer Issue June 3, 2016**

*Pictures need to be 20 or higher DPI (resolution) and sent as JPEGs. **Be sure to provide identification** of subjects in picture and brief description of activity.

Editors reserves the right to edit any copy used in the columns of the GFWC Massachusetts state newsletter - Federation Topics

---

**Apr 1**  LEADS Application due to GFWC Headquarters Washington DC (submission by state president/officer only)

**Apr 7**  Awards Day, Headquarters, Sudbury & Executive Board Meeting, 12:30 p.m

**Apr 23**  Junior Membership Annual Meeting, Boston/Newton Marriott

**Apr 27**  Federation Day at the State House

**May 14,15**  GFWC of Massachusetts Annual Meeting SeaCrest Resort, North Falmouth

**June 26-29**  GFWC International Convention, Baltimore, MD-Installation of Sheila E. Shea as International President

---

\[JOIN US FOR THE\]

\[2016 Annual Convention\]

\[in Baltimore, Maryland\]

**JOIN US FOR THE**

\[2016 Annual Convention\]

\[in Baltimore, Maryland\]

\[REGISTER NOW!\]

---

\[A Sisterhood of Service\]

---

Thanks for Living the Volunteer Spirit!

---

**Editors**

T Jablanski  
tjablanski@gmail.com  
508.769.9008

Diane Erickson - Subscriptions  
ericksondi@aol.com  
508.856.9305

---

JUST FOR LAUGHS...I propose a new rule: meetings can not last longer than my laptop battery or my bladder.