A NOTE FROM: Nancy Coughlin
Mary Kemp
President’s Special Project Co-Chairmen

Stress Relief from Laughter? It’s no Joke!

There are many ways that laughter can be helpful to our mental health. For the Annual Meeting, we are looking for a few members to help everyone’s mental health by telling us a short, funny story; fact or fiction! The key word is SHORT; no more than 300 words. You can submit your story to President’s Special Project co-chairmen, Nancy Coughlin (nacoughlin@outlook.com) and Mary Kemp (kemphome1@gmail.com) by April 1, 2023. Stories will be reviewed and three picked to be presented at the GFWC MA Annual Conference on May 5 & 6th.